



# Aerobic Gymnastics

NEWSLETTER – N° 01 – February 2025



January 2025

To: All Member Federations

The FIG AER-TC wishes to notify our Member Federations of the following information.

## HAPPY NEW YEAR!!

Welcome to a new chapter in our journey together! Your unwavering love and dedication to this vibrant discipline inspire us every day. As we embark on another exciting cycle, let's continue to celebrate the energy, passion, creativity, and spirit that define our community. Together, we'll push boundaries, share unforgettable experiences, and keep the heart of Aerobic Gymnastics beating stronger than ever!

### < INFORMATION >

#### FIG AER-TC (2025-2028):

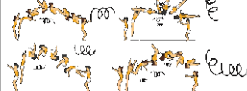
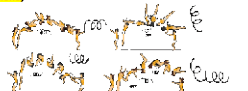
President	Tammy YAGI-KITAGAWA	JPN
1 <sup>st</sup> Vice-President	Cristina CASENTINI	ITA
2 <sup>nd</sup> Vice-President	Jorge FILLON	ARG
Member	Vladislav OSKNER	RUS
Member	Ana MACANITA	POR
Member	Desislava BOGUSHEVA	BUL
Member	Barbara STENGL	GER

### < CLARIFICATIONS / CORRECTIONS – Errata List >

After the Intercontinental Judges' Course held in November/December 2024, the TC have updated "What? / What If?" document in the Sports Training System (STS) as well as made the Errata List to the AER COP 2025-2028 (published on October 14, 2024) to answer some questions received and for clarifications as follows:

**Blue:** Delete.

**YELLOW:** Corrections

#	Pg	Article	CURRENT	CLARIFICATION / CORRECTIONS																																																																																																																																				
<b>COVER PAGE</b>																																																																																																																																								
1	Cover	Date	Date of publication: <b>22 April 2024</b>	Update of the publication date as when FIG publish officially.																																																																																																																																				
<b>PART 1 – GENERAL INFORMATION – CHAPTER 1</b>																																																																																																																																								
2	8	1.5 The Categories	AEROBIC Dance & AEROBIC Step with specific FIG rules (See Appendix 3 and 4)	AEROBIC Dance & AEROBIC Step with specific FIG rules (See Appendix 1 and 2)																																																																																																																																				
3	10	1.12 Judges' Seating	<p><b>JUDGES PANEL A</b></p> <table border="1"> <tr><td>E</td><td>A</td><td>E</td><td>A</td><td>E</td><td>A</td><td>T</td><td>CJP</td><td>Sec</td><td>D</td><td>D</td><td>A</td><td>E</td><td>A</td><td>E</td><td>A</td></tr> <tr><td>1</td><td>1</td><td>2</td><td>2</td><td>3</td><td>3</td><td></td><td></td><td></td><td>1</td><td>2</td><td>4</td><td>4</td><td>5</td><td>5</td><td>6</td><td>6</td></tr> </table> <p><b>JUDGES PANEL B</b></p> <table border="1"> <tr><td>E</td><td>A</td><td>E</td><td>A</td><td>E</td><td>A</td><td>T</td><td>CJP</td><td>Sec</td><td>D</td><td>D</td><td>A</td><td>E</td><td>A</td><td>E</td><td>A</td></tr> <tr><td>1</td><td>1</td><td>2</td><td>2</td><td>3</td><td>3</td><td></td><td></td><td></td><td>1</td><td>2</td><td>4</td><td>4</td><td>5</td><td>5</td><td>6</td><td>6</td></tr> </table>	E	A	E	A	E	A	T	CJP	Sec	D	D	A	E	A	E	A	1	1	2	2	3	3				1	2	4	4	5	5	6	6	E	A	E	A	E	A	T	CJP	Sec	D	D	A	E	A	E	A	1	1	2	2	3	3				1	2	4	4	5	5	6	6	<p><b>JUDGES PANEL A</b></p> <table border="1"> <tr><td>E</td><td>A</td><td>E</td><td>A</td><td>E</td><td>A</td><td>T</td><td>CJP</td><td>Sec</td><td>D</td><td>D</td><td>A</td><td>E</td><td>A</td><td>E</td><td>A</td></tr> <tr><td>1</td><td>1</td><td>2</td><td>2</td><td>3</td><td>3</td><td></td><td></td><td></td><td>1</td><td>2</td><td>4</td><td>4</td><td>5</td><td>5</td><td>6</td><td>6</td></tr> </table> <p><b>JUDGES PANEL B</b></p> <table border="1"> <tr><td>E</td><td>A</td><td>E</td><td>A</td><td>E</td><td>A</td><td>T</td><td>CJP</td><td>Sec</td><td>D</td><td>D</td><td>A</td><td>E</td><td>A</td><td>E</td><td>A</td></tr> <tr><td>1</td><td>1</td><td>2</td><td>2</td><td>3</td><td>3</td><td></td><td></td><td></td><td>1</td><td>2</td><td>4</td><td>4</td><td>5</td><td>5</td><td>6</td><td>6</td></tr> </table>	E	A	E	A	E	A	T	CJP	Sec	D	D	A	E	A	E	A	1	1	2	2	3	3				1	2	4	4	5	5	6	6	E	A	E	A	E	A	T	CJP	Sec	D	D	A	E	A	E	A	1	1	2	2	3	3				1	2	4	4	5	5	6	6
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4	13	2.1.B Function and Criteria	The SUPERIOR JURY must: (see also the <b>Appendix to the CoP</b> )	The SUPERIOR JURY must: (see also the <b>FIG T.R. Section 1 Art. 7.8:1</b> )																																																																																																																																				
5	13	2.2.B Criteria	<b>B. CRITERIA</b>	<b>B. CRITERIA</b> (See also FIG T.R. Section 1 Art. 7.13)																																																																																																																																				
6	17	3.3 Deduction Criteria	<b>K. PROHIBITED LANDING (-0.5/each time)</b> All Male gymnasts: Acrobatic Elements A-1 to A-5 (including variation), landing in Split position is <b>not allowed</b> regardless of categories.	<b>K. PROHIBITED LANDING (-0.5/each time)</b> All Male gymnasts: Acrobatic Elements A-1 to A-5 (including variation), landing in <b>Sagittal / Frontal</b> Split position is <b>not allowed</b> regardless of categories.																																																																																																																																				
7	19	3.5 Acro and Prohibited	<b>PROHIBITED MOVES / LANDING:</b> ♦ P-4 Salto more than 360° ♦ Male gymnasts (All categories): Acrobatic Variations landing in Split position is considered as Prohibited Landing.	<b>PROHIBITED MOVES / LANDING:</b> ♦ P-4 Salto more than 360° <b>(with or without twist – including variations)</b> ♦ Male gymnasts (All categories): Acrobatic variations landing in <b>Sagittal / Frontal</b> Split position is considered as Prohibited Landing.																																																																																																																																				
8	19	3.5 Acro and Prohibited	<b>PROHIBITED MOVES</b> P-4) Salto more than 360° (with or without twist) 	<b>PROHIBITED MOVES</b> P-4) Salto more than 360° (with or without twist <b>including variations</b> ) 																																																																																																																																				





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#	Pg	Article	CURRENT	CLARIFICATION / CORRECTIONS
9	20	3.6 CJP Deduction Chart	<p><b>K</b> Prohibited landing: Male gymnasts: Acrobatic Variations landing in Split position</p> <p><b>U</b> Junior: Performing A-5 with twist Youth: Performing A-5 without collaboration</p>	<p><b>K</b> Prohibited landing: Male gymnasts: Acrobatic Variations landing in Sagittal / Frontal Split position</p> <p><b>U</b> Junior: Performing A-5 with twist including variations Youth: Performing A-5 without collaboration including variations</p>

**PART 2 – JUDGING – CHAPTER 4 – DIFFICULTY**

10	21	4.1 Difficulty Elements Table GROUP B	<p><b>FAMILY 5 Form Jump</b></p> <p>FAMILY 5 Form Jump</p> <p>Tuck Cossack Pike Straddle</p>	<p><b>FAMILY 5 Form Jump</b></p> <p>FAMILY 5 Form Jump</p> <p>Tuck Cossack Pike Straddle / Frontal Split</p>
11	21	4.2 Basic Rules for performing Difficulty Elements	<p>1<sup>st</sup> bullet: □ Maximum of 8 Difficulty Elements.</p>	<p>Add bracket in 1<sup>st</sup> bullet: Maximum of 8 Difficulty Elements (for Senior, 0.3-1.0).</p>
12	24	Family 3 Leg Circle	<p>Add a line after the sentence below: All elements in Family 3 must be performed with the full rotation of the legs.</p>	<p>Add a line after the sentence below: All elements in Family 3 must be performed with the full rotation of the legs. All elements with "Airborne Twists" in Family 3 (A308, A309, A310, A319, A338, A340) must show the airborne phase.</p>
13	24	Family 3 Helicopter	<p>4<sup>th</sup> bullet: □ Hands/arms must not hold/support the legs during the rotation.</p>	<p>4<sup>th</sup> bullet: Hands/arms must not hold the legs during the rotation.</p>

**PART 2 – JUDGING – CHAPTER 5 – EXECUTION**

14	27	5.7 Examples of Specific errors	<p>First line:</p> <table border="1"> <thead> <tr> <th>EXAMPLES</th> <th>SMALL</th> <th>MEDIUM</th> <th>LARGE</th> </tr> </thead> <tbody> <tr> <td>Ending to Wensson – leg not immediately</td> <td>0.1 (-45°)</td> <td>0.3 (45-90°)</td> <td>0.5 (90°)</td> </tr> </tbody> </table>	EXAMPLES	SMALL	MEDIUM	LARGE	Ending to Wensson – leg not immediately	0.1 (-45°)	0.3 (45-90°)	0.5 (90°)	<p>First line:</p> <table border="1"> <thead> <tr> <th>EXAMPLES</th> <th>SMALL</th> <th>MEDIUM</th> <th>LARGE</th> </tr> </thead> <tbody> <tr> <td>Ending to Wensson – leg not immediately</td> <td>0.1 (-45°)</td> <td>0.3 (45-90°)</td> <td>0.5 (90°)</td> </tr> </tbody> </table>	EXAMPLES	SMALL	MEDIUM	LARGE	Ending to Wensson – leg not immediately	0.1 (-45°)	0.3 (45-90°)	0.5 (90°)
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15	28	5.7 Examples of Specific errors	<p>Family 3: Last line Helicopter: Performed with arms holding legs Helicopter: Performed with arms holding legs 0.3</p>	<p>Family 3: Last line Helicopter: Performed with arms holding supporting legs Helicopter: Performed with arms holding supporting legs 0.3</p>																

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16	30	General Errors Chart	<p>Delete "AMP Sequence (8-ct)" and delete examples of -0.3 as follows:</p> <table border="1"> <thead> <tr> <th colspan="3">GENERAL ERRORS</th> </tr> <tr> <th>EXAMPLES</th> <th>SMALL -0.1</th> <th>MEDIUM -0.3</th> </tr> </thead> <tbody> <tr> <td rowspan="2"> </td> <td>Incorrect Body Alignment</td> <td>For more points</td> </tr> <tr> <td></td> <td></td> </tr> </tbody> </table>	GENERAL ERRORS			EXAMPLES	SMALL -0.1	MEDIUM -0.3		Incorrect Body Alignment	For more points			<p>As below:</p> <table border="1"> <thead> <tr> <th colspan="3">GENERAL ERRORS</th> </tr> <tr> <th>EXAMPLES</th> <th>SMALL -0.1</th> <th>MEDIUM -0.3</th> </tr> </thead> <tbody> <tr> <td rowspan="2"> </td> <td>Incorrect Body Alignment</td> <td></td> </tr> <tr> <td></td> <td></td> </tr> </tbody> </table>	GENERAL ERRORS			EXAMPLES	SMALL -0.1	MEDIUM -0.3		Incorrect Body Alignment			
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17	30	Specific Errors Chart	<p>Straddle / Split Jump not symmetrical</p>	<p>Add: -0.1 and -0.3 of Split jump as same as Straddle jump asymmetry as below:</p> <table border="1"> <thead> <tr> <th colspan="3">Straddle / Split Jump not Symmetrical</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td></td> <td></td> </tr> </tbody> </table>	Straddle / Split Jump not Symmetrical																					
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**PART 2 – JUDGING – CHAPTER 5 – ARTISTRY**

18	33	2. Aerobic Content	<p>Add a paragraph before "Aerobic Content must have:" to clarify the AMP Sequence.</p> <p>AMP Sequence means, a complete 8-count (set) of movements with aerobic movement patterns with adequate intensity performed in a musical phrase (from the 1st beat to the 8th beat) to stay with the music. AMP Sequence performed with less than 8 complete counts; it will not be recognized as 1 AMP sequence/set.</p> <p><b>ADD HERE</b></p> <p><u>Aerobic Content must have:</u></p>	<p>Add a paragraph before "Aerobic Content must have:" to clarify the AMP Sequence.</p> <p>AMP Sequence means, a complete 8-count (set) of movements with aerobic movement patterns with adequate intensity performed in a musical phrase (from the 1st beat to the 8th beat) to stay with the music. AMP Sequence performed with less than 8 complete counts; it will not be recognized as 1 AMP sequence/set.</p> <p>AMP Sequence may include Low Impact movements with feet not moving for maximum of 3-counts consecutively (within a set), which is also recognized as a sequence / set. However, repetitively performing stationary AMP Sequences may affect the evaluation of Quality / Variety, as well as in the General Content (Fluency).</p> <p><u>Aerobic Content must have:</u></p>
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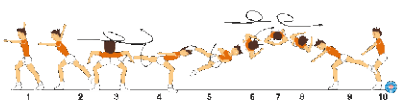
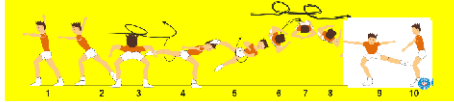


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19	38	5. Performance	<Technical Presentation (Quality)> <b>Deduction (reduce) from the scale score at the end:</b> □ If the routine is performed with <b>1 touch</b> / Multiple Touches / Fall, the A-Jury will reduce -0.5	<Technical Presentation (Quality)> <b>Deduction (reduce) from the scale score at the end:</b> If the routine is performed with Multiple Touches / Fall, the A-Jury will reduce -0.5																																												
<b>Appendix 01 – AEROBIC DANCE</b>																																																
20	42	Competition Area	Spelling < COMPETITON >	Spelling mistake □ < COMPETITON >																																												
21	45	Artistry	<table border="1"> <thead> <tr> <th colspan="3">DEDUCTION (Reduce)</th> </tr> <tr> <th>Criteria</th> <th>Details</th> <th>Reduce</th> </tr> </thead> <tbody> <tr> <td>Dance Content</td> <td>Missing 6 AMP sets in Dance Style</td> <td>-0.5 (each set)</td> </tr> <tr> <td rowspan="2">General Content</td> <td>Missing 2<sup>nd</sup> Style</td> <td>-0.5</td> </tr> <tr> <td>Missing zone / area</td> <td>-0.5</td> </tr> <tr> <td rowspan="2">Artistic Routine</td> <td>Missing Theme</td> <td>-0.5</td> </tr> <tr> <td>Missing Opening / Introduction</td> <td>-0.5</td> </tr> <tr> <td>Performance</td> <td>Performed with a FALL</td> <td>-0.5</td> </tr> </tbody> </table>	DEDUCTION (Reduce)			Criteria	Details	Reduce	Dance Content	Missing 6 AMP sets in Dance Style	-0.5 (each set)	General Content	Missing 2 <sup>nd</sup> Style	-0.5	Missing zone / area	-0.5	Artistic Routine	Missing Theme	-0.5	Missing Opening / Introduction	-0.5	Performance	Performed with a FALL	-0.5	<table border="1"> <thead> <tr> <th colspan="3">DEDUCTION (Reduce)</th> </tr> <tr> <th>Criteria</th> <th>Details</th> <th>Reduce</th> </tr> </thead> <tbody> <tr> <td>Dance Content</td> <td>Missing 6 AMP sets in Dance Style</td> <td>-0.5 (each set)</td> </tr> <tr> <td rowspan="2">General Content</td> <td>Missing 2<sup>nd</sup> Style / <b>more than 64 counts</b></td> <td>-0.5</td> </tr> <tr> <td>Missing zone / area <b>less than 3 collaborations</b></td> <td>-0.5</td> </tr> <tr> <td rowspan="2">Artistic Routine</td> <td>Missing Theme</td> <td>-0.5</td> </tr> <tr> <td>Missing Opening / Introduction</td> <td>-0.5</td> </tr> <tr> <td>Performance</td> <td>Performed with a FALL</td> <td>-0.5</td> </tr> </tbody> </table>	DEDUCTION (Reduce)			Criteria	Details	Reduce	Dance Content	Missing 6 AMP sets in Dance Style	-0.5 (each set)	General Content	Missing 2 <sup>nd</sup> Style / <b>more than 64 counts</b>	-0.5	Missing zone / area <b>less than 3 collaborations</b>	-0.5	Artistic Routine	Missing Theme	-0.5	Missing Opening / Introduction	-0.5	Performance	Performed with a FALL	-0.5
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22	47	Competition Area	Spelling < COMPETITON >	Spelling mistake □ < COMPETITON >																																												
<b>Appendix 03 – JUNIOR WORLD CHAMPIONSHIPS</b>																																																
23	53	CJP Deductions "K"	2 <sup>nd</sup> bullet □ ** A-5 in the Collaboration landing without partner(s) support/help	2 <sup>nd</sup> bullet ADD to clarify: □ ** <b>Acrobatic Elements A-5 (with or without twist)</b> in the Collaboration landing without partner(s) support/help																																												
24	53	CJP Deductions "U**"	□ Performing A-5 (Salto 360°) with twist	ADD: □ Performing A-5 (Salto 360°) with twist <b>(including variations)</b>																																												
<b>Appendix 04 – WORLD YOUTH COMPETITION</b>																																																
25	54	COLLABORATION	<b>Minimum of 2 collaborations</b> Minimum of 2 collaborations (Missing collaboration=Deduction in Artistry)	DELETE the 1 <sup>st</sup> line (repetition of same sentence) and keep only 2 <sup>nd</sup> line: Minimum of 2 collaborations (Missing collaboration=Deduction in Artistry)																																												
26	55	CJP Deductions "K"	3 <sup>rd</sup> bullet □ ** Acrobatic Elements <b>s</b> A-5 (with or without twist) in the Collaboration landing without partner(s) support/help	3 <sup>rd</sup> bullet DELETE "s" as: □ ** Acrobatic Elements A-5 (with or without twist) in the Collaboration landing without partner(s) support/help																																												
27	55	CJP Deductions "U**"	□ Performing A-5 without collaboration	ADD: □ Performing A-5 without collaboration <b>(including variations)</b>																																												
<b>Appendix 05 – NATIONAL DEVELOPMENT</b>																																																
28	57	CJP Deductions "U**"	□ Performing Acrobatic Elements (A-3 to A-5)	ADD: □ Performing Acrobatic Elements (A-3 to A-5) <b>(including variations)</b>																																												

#	Pg	Article	CURRENT	CLARIFICATION / CORRECTIONS
<b>Appendix 08 – DIFFICULTY ELEMENTS DESCRIPTION</b>				
29	65	A174 Explosive Capoeira ¼ twist to PU	1. Side support on one arm. 2. Swing one leg to show Capoeira in one arm support with lower leg at least parallel to the floor. 3. Push the body up into airborne. 4. Twist forward 90° in airborne to end in Push-up.	1. Side support on one arm. 2. Swing <b>(kick)</b> one leg to show Capoeira <b>(angle of legs between 90°-180°)</b> in one arm support with lower leg at least parallel to the floor. 3. Push the body up into airborne. 4. Twist forward 90° in airborne to end in Push-up.
30	65	A176 Explosive Capoeira ¼ twist to PU	1. Side support on one arm. 2. Swing one leg to show Capoeira in one arm support with lower leg at least parallel to the floor. 3. Push the body up into airborne. 4. Twist backward 270° in airborne to end in Push-up.	1. Side support on one arm. 2. Swing <b>(kick)</b> one leg to show Capoeira <b>(angle of legs between 90°-180°)</b> in one arm support with lower leg at least parallel to the floor. 3. Push the body up into airborne. 4. Twist backward 270° in airborne to end in Push-up.
31	66	A179 Explosive Capoeira 1 ¼ twist to PU	1. Side support on one arm. 2. Swing one leg to show Capoeira in one arm support with lower leg at least parallel to the floor. 3. Push the body up into airborne. 4. Twist forward 540° in airborne to end in Push-up.	1. Side support on one arm. 2. Swing <b>(kick)</b> one leg to show Capoeira <b>(angle of legs between 90°-180°)</b> in one arm support with lower leg at least parallel to the floor. 3. Push the body up into airborne. 4. Twist forward 540° in airborne to end in Push-up.
32	70	A276 Frontal Split Planche to Lifted Wenson	1. A support in which the body is supported on both hands with straight arms. 2. Hands may be turned out at the wrist or pointing towards the feet. 3. Legs are in frontal split position (angle of legs between 180° and 120°). 4. Hold for 2 seconds. 5. The body line must not exceed 20° above parallel.	ADD 6 <sup>th</sup> line: 1. A support in which the body is supported on both hands with straight arms. 2. Hands may be turned out at the wrist or pointing towards the feet. 3. Legs are in frontal split position (angle of legs between 180° and 120°). 4. Hold for 2 seconds. 5. The body line must not exceed 20° above parallel. 6. <b>End in Lifted Wenson</b>
33	75	B415 Axel	1 <sup>st</sup> line: 1. <b>A</b> one foot <b>take</b> leap with forward trajectory.	1 <sup>st</sup> line: 1. <b>Take off with</b> one foot <b>to</b> leap with forward trajectory.
34	75	B417 Double Axel	1 <sup>st</sup> line: 1. <b>A</b> one foot <b>take</b> leap with forward trajectory.	1 <sup>st</sup> line: 1. <b>Take off with</b> one foot <b>to</b> leap with forward trajectory.
35	75	B420 Triple Axel	1 <sup>st</sup> line: 1. <b>A</b> one foot <b>take</b> leap with forward trajectory.	1 <sup>st</sup> line: 1. <b>Take off with</b> one foot <b>to</b> leap with forward trajectory.
36	75	B420 Triple Axel	3 <sup>rd</sup> line: 3. While airborne, the body turns <b>±080°</b> .	3 <sup>rd</sup> line: 3. While airborne, the body turns <b>±260°</b> .
37	78	B459 Butterfly 2/1 Twist	Drawing of ending phase #9-10 should be same as phase #8-9 of B457 	Drawing of ending phase #9-10 should be same ending phase #8-9 of B457 
38	86	B568 2/1 Turns Pike Jump	Value is: <b>0.9</b>	Value should be: <b>0.8</b>

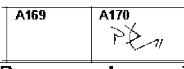
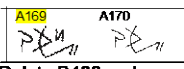
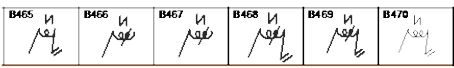
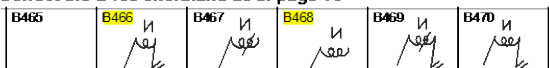




# Aerobic Gymnastics

NEWSLETTER – N° 01 – February 2025



#	Pg	Article	CURRENT	CLARIFICATION / CORRECTIONS						
39	88	Family 5 Form Jump	Base Name: STRADDLE	ADD Base Name: STRADDLE / <b>FRONTAL SPLIT</b>						
<b>Appendix 09 – DIFFICULTY CHART</b>										
40	102	Group A Family 1 A169	Add a shorthand for A169 	Add a shorthand for A169 						
41	103	Group B Family 4 Line 460	Re-arrange places as in page 79. 	Delete B466 and move B465 to B466 Correct the B468 shorthand as in page 79 						
42	103	Group B Family 5 Title Line	<b>Family 5 – Dynamic Jump (Base Name: Tuck, Cossack, Pike, Straddle) <u>Compulsory for IM</u></b>	Delete and ADD: <b>Family 5 – Dynamic Jump (Base Name: Tuck, Cossack, Pike, Straddle / Frontal Split) <u>Compulsory for IM</u></b>						
<b>Appendix 10 – GLOSSARY</b>										
43	105	Glossary "C"	Add definition of "Capoeira" after "Canon"	<b>"Capoeira"</b> Capoeira is an Afro-Brazilian martial art and game that includes elements of dance, acrobatics, music and spirituality. The body action includes a kick (90° - 180°) while the body is supported on one arm.  <table border="1"> <tr> <td>Canon</td> <td>MP / TR / GR / AD / AS: Competitors are performing a movement in a line tag (one after another) deliberately.</td> </tr> <tr> <td>Capoeira</td> <td>Capoeira is an Afro-Brazilian martial art and game that includes elements of dance, acrobatics, music and spirituality. The body action includes a kick (90° - 180°) while the body is supported on one arm.</td> </tr> <tr> <td>Chassé (chase)</td> <td>Originated from Ballet terminology. To move with following foot to chase the leading foot.</td> </tr> </table>	Canon	MP / TR / GR / AD / AS: Competitors are performing a movement in a line tag (one after another) deliberately.	Capoeira	Capoeira is an Afro-Brazilian martial art and game that includes elements of dance, acrobatics, music and spirituality. The body action includes a kick (90° - 180°) while the body is supported on one arm.	Chassé (chase)	Originated from Ballet terminology. To move with following foot to chase the leading foot.
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Chassé (chase)	Originated from Ballet terminology. To move with following foot to chase the leading foot.									

## < International Judges' Course Calendar > 2025

The TC would like to remind all NF that below International Judges' Course are scheduled.

ID	DATES	CITY	UNION
17996	27/01/2025 - 02/02/2025	Lima (PER)	PAGU
17998	08/02/2025 - 14/02/2025	Tunis (TUN)	UAG
18002	12/02/2025 - 18/02/2025	Gold Coast (AUS)	OCE
18003	15/02/2025 - 21/02/2025	Bucharest (ROU)	EG
17997	17/02/2025 - 23/02/2025	Panama (PAN)	PAGU
18000	14/03/2025 - 20/03/2025	Manila (PHI)	AGU
18001	22/03/2025 - 28/03/2025	Nanchang (CHN)	AGU
17999	07/05/2025 - 13/05/2025	Alger (ALG)	UAG
18004	17/05/2025 - 23/05/2025	Kallithea (GRE)	EG

## < Competition Calendar > 2025

as of January 22, 2025

ID	DATES	TITLE	CITY
17977	19/03/2025 - 21/03/2025	13th International Open Competition	Cantanhede (POR)
17896	21/03/2025 - 23/03/2025	FIG World Cup 2025	Cantanhede (POR)
18107	10/04/2025 - 12/04/2025	26 <sup>th</sup> Slovak Aerobic Open	Bratislava (SLV)
17995	24/04/2025 - 27/04/2025	Czech Aerobic Open	Praha (CZE)
17860	26/04/2025 - 27/04/2025	FIG SUZUKI World Cup 2025	Tokyo (JPN)
18088	16/05/2025 - 18/05/2025	Lithuanian Open Championships 2025	Kaunas (LTU)
16882	07/08/2025 - 17/08/2025	The World Games 2025	Chengdu (CHN)
17968	09/11/2025 - 11/11/2025	1 <sup>st</sup> European Under 15 Championships	GANJA (AZE)
17967	09/11/2025 - 11/11/2025	14th Junior European Championships	GANJA (AZE)
17966	14/11/2025 - 16/11/2025	14th Senior European Championships	GANJA (AZE)

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