



FIG WORLD CUP COTTBUS 2025 - TRAMPOLINE
LAUSITZ ARENA, COTTBUS (GER)
20-21 SEPTEMBER 2025



WORK PLAN

Last update: 09.09.2025

Table of contents

1.	General Information.....	3
2.	Competition Venue	3
3.	Federation Internationale de Gymnastique	5
4.	Local Organising Committee	6
5.	Important Phone Numbers.....	6
6.	Detailed Schedule	7
7.	Open Training.....	8
8.	Accreditation.....	8
9.	National Flag and Anthem	9
10.	Correspondance.....	9
11.	Accommodation.....	9
12.	Meals	9
13.	Banquet.....	10
14.	Local Transportation.....	10
15.	Athletes' photo shooting	11
16.	March In & March Out	11
17.	One Touch	11
18.	Competition	11
19.	Kiss & Cry	11
20.	Chalk.....	11
21.	Meetings.....	11
22.	Drawing of Lots	12
23.	FIG Certified Apparatus.....	12
24.	Scoring.....	12
25.	Ceremonies	13
26.	Medical Services	13
27.	Safe Sport and Safeguarding	13
28.	Doping Controls.....	14
29.	VISA.....	14
30.	Insurance	14
31.	Livestreaming & TV Host Broadcaster	14
32.	Video Recording.....	14
33.	Prize Money	15
34.	Appendix	16

1. GENERAL INFORMATION

The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviations mentioned in these directives or in the FIG World Cup Rules for Trampoline Gymnastics:

- Statutes
- Code of Ethics
- Code of Conduct
- Technical Regulations
- License Rules
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules for Trampoline Gymnastics
- Medical Organization of the FIG Competitions and Events
- Anti-Doping Rules
- Framework for safeguarding athletes and other participants from harassment and abuse in sport during events
- Media Rules
- Apparatus Norms
- Rules for Advertising and Publicity
- Accreditation Rules
- Rules for Awards Ceremonies
- World Cup Rules for Trampoline Gymnastics

and subsequent decisions of the FIG Executive Committee

2. COMPETITION VENUE

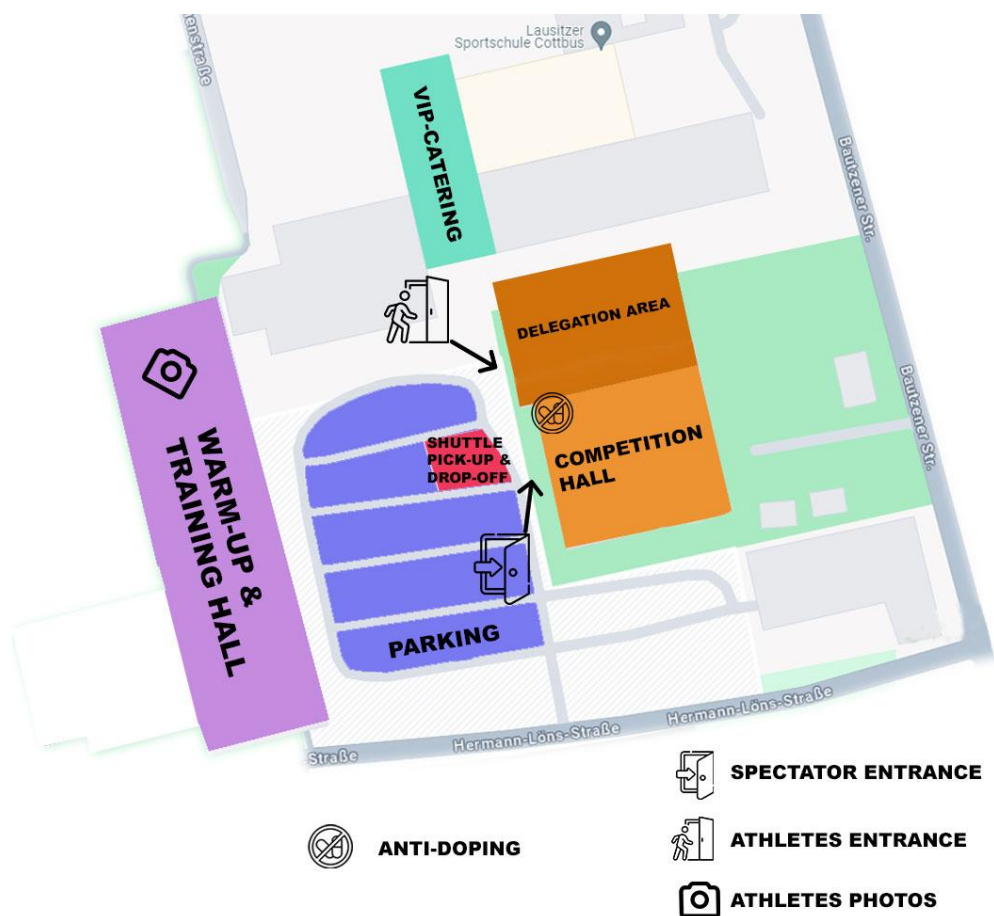
Lausitz Arena Cottbus
Hermann-Löns-Straße 18, 03050 Cottbus, Germany
Tel.: +49 355 486 200
Website: www.lausitzarena-cottbus.de

The training/warm-up hall is next to the competition hall (distance 60m).

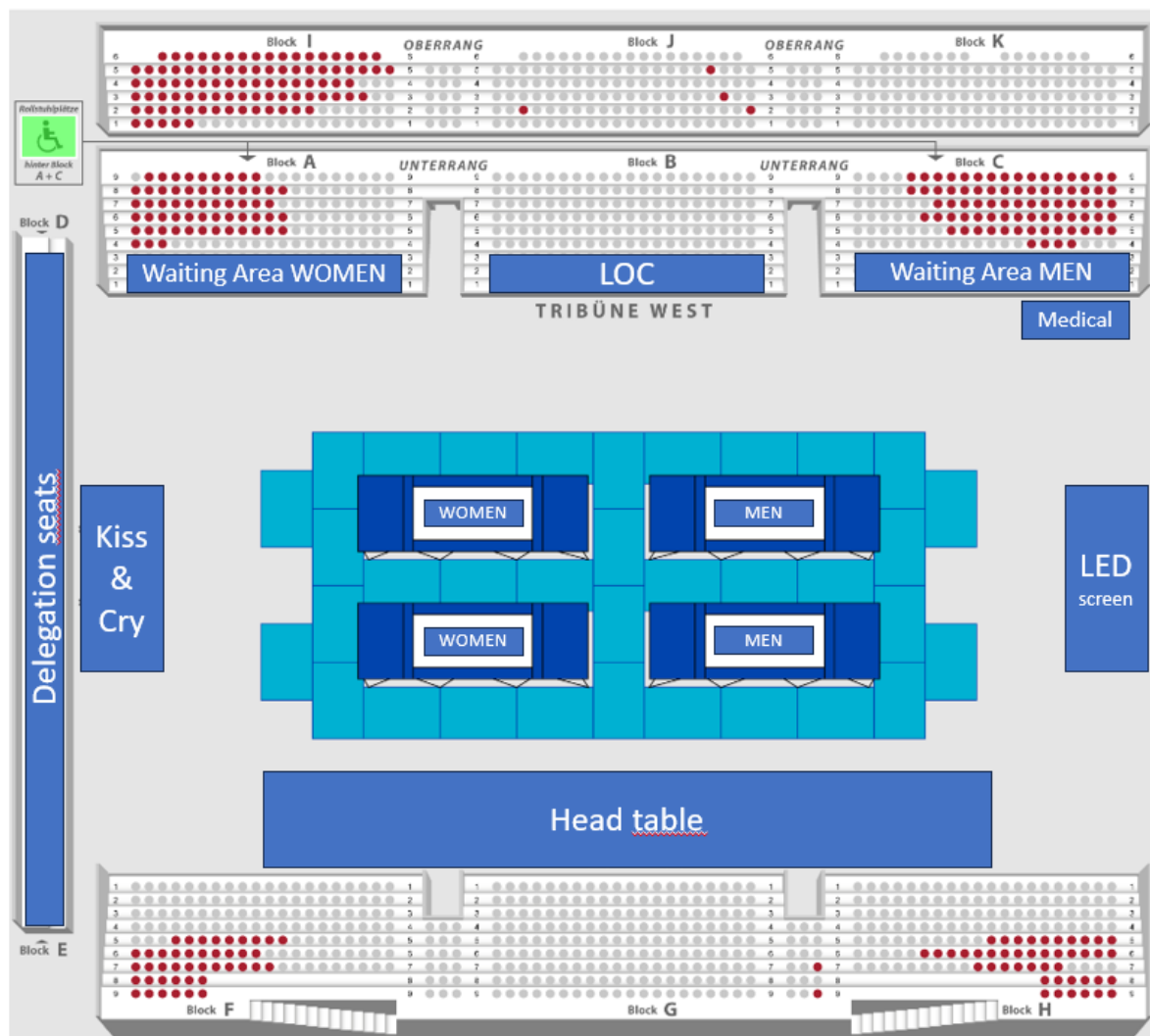
Lausitz Arena



Venue Layout



Competition Hall Layout



3. FEDERATION INTERNATIONALE DE GYMNASTIQUE

Contact Person: Mr. Rui VINAGRE
Tel: +41 (0) 21 321 55 32
E-mail: rvinagre@fig-gymnastics.org
Website: www.gymnastics.sport

FIG TRAMPOLINE TECHNICAL DELEGATE

Technical Delegate Miguel VICENTE (ESP)

4. LOCAL ORGANISING COMMITTEE

LOC		championships@dtb.de
Event Manager	Patrick SIEGFRIED	patrick.siegfried@dtb.de
Operations Manager	Philipp LAMPE Christina ZACHRIAS Rebekka STERZENBACH	philipp.lampe@dtb.de christina.zacharias@dtb.de rebekka.sterzenbach@dtb.de
NF Delegate	Tatjana GEIB	tatjana.geib@dtb.de
Tournament Coordinator	Matthias AUTH	m.auth@scc-turnen.de
Official Doctor	Ralph DALFERTH	g.r.dalferth@t-online.de
Safe Sports	Emma OEHL	emma.oehl@dtb.de
Safeguarding	Eva JURSCH Christopher JURSCH	jursch@ospcb.de
Accreditation	Claire THOMPSON	thompsonclaire@hotmail.co.uk
Delegations	Roswitha JACHMANN	rojach@gmx.net
Transportation	Andreas KYPKE	stauseebaecker@freenet.de
Catering	Christine LEHMANN	office@lehmann-crew-cottbus.de
Media	Helena SCHÄFERr	helena.schaefer@dtb.de
Press Office	Katrin FUHRMEISTER-JABBOUR	katrin.fuhrmeister@maerkischer-turnerbund.de
Marketing	Milena HORSMAN	milena.horsmann@dtb.de
Hospitality	Julia SCHWARZ	julia.schwarz@dtb.de
Photographer	Timo DENZ	denz@eurotramp.com
Anti-Doping	Felix SCHOCH Tabea FRACH	felix.schoch@dtb.de tabea.frach@dtb.de

5. IMPORTANT PHONE NUMBERS

Delegation Management	+49 174 2086946
Transport	+49 152 04356954
Press Office	+49 355 486276
Safe Sport & Safeguarding	+49 151 27137949
Police Emergency Call	110
Medical Emergency Call	112

6. DETAILED SCHEDULE

Tuesday, September 16			
16:00	19:30	Open Training	Training Hall
Wednesday, September 17			
10:00	12:30	Open Training	Training Hall
16:00	19:30	Open Training	Training Hall
Thursday, September 18			
All day		Arrival of Delegations	
10:00	12:30	Open Training	Training Hall
10:00	19:00	Accreditation + Competition Cards	Lausitz Arena
14:00	20:00	Open Training	Warm up Hall
20:15	21:00	Orientation Meeting	Lausitz Arena (Aula)
Friday, September 19			
10:00	19:00	Accreditation + Competition Cards	Lausitz Arena
10:30	20:30	Podium Training as per schedule	Warm up Hall / FoP
17:30	18:45	Judges' meeting and instructions	Lausitz Arena (Aula)
Saturday, September 20			
10:00	19:15	Warm up as per schedule	Warm up Hall
10:30	10:45	Judges' briefing	FoP
10:30	11:00	Opening	FoP
11:00	11:45	IND Women Q1 – Group 1	FoP
11:45	12:30	IND Women Q1 – Group 2	FoP
12:30	13:15	IND Women Q1 – Group 3	FoP
13:15	14:15	IND Men Q1 – Group 1	FoP
14:15	15:15	IND Men Q1 – Group 2	FoP
15:15	16:15	IND Men Q1 – Group 3	FoP
16:15	17:00	SYN Women Q1 – Group 1	FoP
17:00	17:45	SYN Men Q1 – Group 1	FoP
17:45	18:30	SYN Men Q1 – Group 2	FoP
18:30	19:15	SYN Women Final	FoP
19:15	20:00	SYN Men Final	FoP

Sunday, September 21			
10:00	18:15	Warm up as per schedule	Warm up Hall
10:30	10:45	Judges' briefing	FoP
10:30	11:00	Opening	FoP
11:00	11:30	SYN Mixed Q – Group 1	FoP
11:30	12:15	SYN Mixed Q – Group 2	FoP
13:00	13:45	SYN Mixed Final	FoP
14:45	15:30	IND Men Q2 – Group 1	FoP
15:30	16:15	IND Men Q2 – Group 2	FoP
17:30	18:15	IND Women Final	FoP
18:15	19:00	IND Men Final	FoP
20:30	23:00	Final Banquet	Radisson Blu
Monday, September 22			
All Day		Departure of Delegations	

7. OPEN TRAINING

The Open Training takes place on Thursday, September 18, from 14:00 – 20:00 in the Warm up Hall. Delegations who are interested have to fill in the following **form by September 16 at 14:00**: [Form | Open Training Request](#)

8. ACCREDITATION

Accreditation will take place at the LOC office in the Lausitz Arena.

The LOC office will be open:

- September 18: 10:00 - 19:00
- September 19: 10:00 - 19:00
- September 20: 10:00 - 19:00
- September 21: 10:00 - 19:00

Upon accreditation Heads of Delegations or their substitutes (max 2 persons) will be requested to:

- check the correct names of their complete Delegation members and present to the LOC the valid passport of all Delegation Members for proof of identity and Nationality.
- confirm the NF contact details onsite (e-mail and mobile phone) for proper delivery of the gymnasts' start lists, judges' lists and results)
- The medical insurance for all delegation members
- proof of the fulfilment of all financial obligations to the LOC and finalize the necessary payments if needed (i.e. insurance, additional accreditation, etc.)

- verify the return flight schedules
- confirm the accuracy of the Federation National Anthem and National Flag presented by the LOC
- hand in 1 copy of each of the official forms for Competition Cards
- Change of Start List - to the LOC Office, 24 hours before the competition start at the latest

The FIG Rules and the Directives will be strictly applied as far as the number of accreditations per country.

All official delegation members will receive an accreditation. The accreditation is personal, non-transferable and mandatory to get access to the training and competition hall, functions, and the bus system. All participants and officials are required always to wear their Credential.

Competition cards must be returned to the LOC Office by Friday, **September 19 at 19:00.** at the very latest.

9. NATIONAL FLAG AND ANTHEM

Delegations will be requested to check their national anthem and their national flag upon accreditation. It is not required to bring these.

10. CORRESPONDANCE

Each delegation will receive all relevant information via email and WhatsApp to the contact handed in upon accreditation.

Contact details for the LOC are as follows: championships@dtb.de

11. ACCOMMODATION

LOC will provide accommodation in the following hotels:

GARNER by IHG (former: Novum Hotel)
 Am Seegraben 8, 03051 Cottbus, Germany
 Tel.: +49 355 3553720
 Website: [GARNER by IHG](https://www.garnerbyihg.de)

12. MEALS

Lunch and Dinner will be served as mentioned below to all delegations who have booked hotel Cat. I or extra meal packages.

There will be water dispensers on site. **We ask all delegation members to bring their own drinking bottles.**

MEALS TIMETABLE

	Breakfast (Hotel)	Lunch (Sport School)	Dinner (Hotel)
Tuesday, 16 September			19:30-21:00
Wednesday, 17 September	06:30-10:30	12:00-13:30	17:00-21:30

	Breakfast (Hotel)	Lunch (Lausitz Arena)	Dinner (Lausitz Arena)
Thursday, 18 September	06:30-10:30	11:00-14:00	17:00-21:30
Friday, 19 September	06:30-10:30	11:00-14:00	17:00-21:30
Saturday, 20 September	06:30-10:30	12:00-15:30	17:00-21:30
Sunday, 21 September	06:30-10:30	11:30-15:00	20:30-23:00 (Final Banquet)
Monday, 22 September	06:30-10:30		

13. BANQUET

The Final Banquet will be held on 21 September 2025 at 20:30 at Radisson Blu Hotel and will be free of charge for all delegation members who booked their accommodation through the LOC.

Every delegation who booked via the LOC online system will have access with their accreditation.

The tickets for the Final Banquet will be 75 € per Person for delegations who have not booked through the LOC and must be paid to the LOC by August 22. Registrations need to be done through the online system under the section "Extra Services".

14. LOCAL TRANSPORTATION

The local transportation from the airport Berlin (BER) and between the hotel and the venue will be provided at no extra cost for delegations who have booked the Cat I & II Hotel.

For delegations who have booked other options, the costs of 60 € (per delegation member) for the local transportation must be paid to the LOC before arrival. Registrations need to be done through the online system under the section "Extra Services".

In case of any delay and urgent cases please call Mr. Andreas Kypke: +49 152 04356954

Buses from/to the hotels and the competition venue will be on a shuttle basis for delegations who have booked the Cat I and Cat II Hotel or booked via the online system. A detailed schedule will be provided to delegations upon arrival and will be available at hotels and at the LOC Office at the venue.

The transportation schedule will be provided as soon as possible.

15. ATHLETES' PHOTO SHOOTING

On 19 September, during podium training, a photo shooting for all gymnasts will take place in the warm-up hall before the training. **This shooting is mandatory for all gymnasts.** Those photos will be used for the sport presentation in the competition hall on the video walls.

16. MARCH IN & MARCH OUT

The gymnasts are asked to assemble in the staging area 5 minutes prior to each competition. All gymnasts must leave the FoP at the same time through the exit leading to the Mixed Zone, LOC staff will guide the athletes.

17. ONE TOUCH

Immediately prior to the Qualifying Rounds and Finals each gymnast/pair will be allowed 45 seconds of warm-up on the competition apparatus, per FIG regulations.

18. COMPETITION

The Competition Manager and the Floor Manager will be in charge of the Competition and Warm up areas. All instructions given by them must be strictly followed, especially during TV broadcast (i.e. in relation with the marching in and out, Kiss & Cry, etc.).

19. KISS & CRY

A Kiss&Cry-area will be set-up for all finals and the IND Q2. The number of persons authorized in the Kiss & Cry is:

- 1 gymnast and 1 official for Individual Competition.
- 2 gymnasts and 1 official for Synchronized Competition.

20. CHALK

Chalk will be provided for Warm up and Competition Hall.

21. MEETINGS

JUDGES MEETING & INSTRUCTION

All registered judges are required to take part in the judge's meetings and instructions. Judges who do not participate in the judges' meetings and instructions will not be authorized to judge; they will receive warnings and possibly other sanctions as well.

The draws of the Judges' Panels for the Qualifications and Finals will be conducted by the Superior Jury.

The judges must respect the FIG dress code during competition days.

The Judges Meeting and Instructions will take place **Friday, September 19 at 17:30 h** at Lausitz Arena (Aula). The daily briefings will take place on Saturday and Sunday 30min prior to the start of the competitions.

ORIENTATION MEETING

The Orientation Meeting will take place **Thursday, September 18 at 20:15h.** at Lausitz Arena (Aula).

The orientation meeting is compulsory for all Heads of Delegation (max. 2 persons per Federation).

At this meeting all information concerning the detailed organization of the World Cup will be given by the Organizing Committee and the FIG. The meeting will be held in English only.

22. DRAWING OF LOTS

The World Cup Competition draw, the competition groups, the starting lists, the training groups, the training schedule, and the competition schedule are based on the assumption that all registered federations will participate in accordance with their nominative registrations. Should there be any changes to participating numbers at the time of the competition, the FIG TRA TC in consultation with the LOC reserve the right to make adjustments which will facilitate the smooth running of the competition.

The Drawing of Lots will take place on September 3, 2025, at the FIG Headquarters in Lausanne (SUI).

23. FIG CERTIFIED APPARATUS

Equipment supplier is EUROTRAMP.

Trampoline: Eurotramp Ultimate 4x4 Trampoline – FIG ID: 610

Trampoline Measurement System Eurotramp – FIG ID: 708

Mats around Trampoline – FIG ID: 548

All equipment used during Warm up Hall and Competition Hall will be per the apparatus list published on the FIG website.

24. SCORING

Sporttech.io will provide the official scoring equipment for this World Cup. The Sporttech.io equipment will be used for the data management of the list of participants, start lists as well as scores and results.

The scoring system used is Sporttech. The scores will be shown in the competition hall, warm-up hall and live on the website <https://sporttech.io>

A resumed list of results will be e-mailed to the HoD at the end of qualifications.

A detailed list of results, including all judges' marks, will be e-mailed to the HoD and national federations at the end of the competition.

25. CEREMONIES

OPENING CEREMONY

The opening ceremony will be held on **Saturday, September 20 at 10:30 h and September 21 at 10:30 h.**

Further detailed information will be given during the Orientation Meeting.

PRESENTATION OF THE FINALISTS

The athletes presentation take place prior to each respective competition. Dress code is competition attire.

More information about meeting point and circulation will be given at the orientation meeting.

AWARD CEREMONIES

All award ceremonies will take place according to the General Programme and will be carried out in accordance with the FIG Regulations for Award Ceremonies. On the podium, awards will only be presented to the medal winners as follows:

Individual / Synchro - Individual Gymnasts / Pairs ranked 1st to 3rd place.

26. MEDICAL SERVICES

The medical service is provided by the Local Organising Committee according to the Medical Organization of the FIG Competitions and Events.

Official Hospital:

Medizinische Universität Lausitz - Carl Thiem
Thiemstraße 111
03048 Cottbus
Tel: +49 355 463 838

27. SAFE SPORT AND SAFEGUARDING

To ensure that everyone feels comfortable and respected, we ask you to be mindful in your interactions with others and respect personal boundaries. As this event takes place in a room that is publicly visible, we would also like to raise awareness that our interactions are also visible to the outside. In this context, we also ask to wear shirts and bottoms in the infield while visitors are present and use the designated changing rooms to get changed.

From the event's official date of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the opportunity to contact a Safe Sports Coordinator or Safeguarding Officer by phone or e-mail in case of harassment, abuse of any type, if they are worried or do not feel comfortable.

There will be one LOC Safeguarding Officer per gender. The contact person is Mrs. Eva Jursch and Mr. Christopher Jursch. The contact person for Safe Sports is Mrs. Emma Oehl. The number +49 151 27137949 can be reached via phone, WhatsApp or SMS to get in touch with either a Safeguarding Officer or Safe Sports Coordinator. For e-mail enquiries please contact jursch@ospcb.de or emma.oehl@dtb.de.

28. DOPING CONTROLS

Under the supervision of the FIG, doping controls will be organized according to the current WADA Code, WADA International Standards and FIG Anti-Doping Rules, ITA Testing Guidelines for in Competition Testing.

The doping controls may take place at any time.

As per the applicable FIG Therapeutic Use Exemption (TUE) procedure in effect concerning the participation at FIG Events, any gymnast in need of a TUE is responsible, together with his/her Federation, to submit his/her request to the FIG no later than 30 days before the start of this competition.

No TUE request will be accepted nor approved on spot, except for duly justified emergency cases.

Should you need further assistance about TUE requests, please contact the FIG at antidoping@fig-gymnastics.org

29. VISA

Federations requiring an official invitation to obtain a visa are asked to fill out the visa section in the online registration system.

30. INSURANCE

Federations are obliged to cover the expense of insurance for members of their delegation (illness, accident and repatriation) and to bring the evidence of such insurance. Insurance will be checked and collected during accreditation.

31. LIVESTREAMING & TV HOST BROADCASTER

In German territory, the Qualifications will be livestreamed (with geo-blocking) on "sporteurope.tv". The links follow as soon as possible.

The finals will be fully produced by the Host Broadcaster and showcased on the FIG-platform "figtv.sport". In German territory, the finals will be livestreamed (with geo-blocking) on "sporteurope.tv". The links follow as soon as possible.

32. VIDEO RECORDING

All routines will be recorded.

33. PRIZE MONEY

Prize money will be given as follows:

TRA:

- 1st place: 1,500 CHF
- 2nd place: 1,000 CHF
- 3rd place: 500 CHF

TRS (per pair):

- 1st place: 1,500 CHF
- 2nd place: 1,000 CHF
- 3rd place: 500 CHF

Prize money will be paid by bank transfer to the National Federation of the awarded gymnasts. Federations are asked to provide bank details via the online registration system.

34. APPENDIX

- Schedule
- FIG Drawing of Lots
- Competition Cards
- Safe Sport Rules