

# RUSSIAN GYMNASTIC FEDERATION



## International Rhythmic Gymnastics Competition


«GRAND PRIX. CHAMPIONS CUP OF ALINA KABAEVA»

RGI&RGG

### DIRECTIVES

Dear colleagues,

The Russian Gymnastics Federation invites your Federation to participate in the international Rhythmic Gymnastics competition «GRAND PRIX. CHAMPIONS CUP OF ALINA KABAEVA».

<b>ORGANIZING COMMITTEE</b>	Ministry of Sports of the Russian Federation 18, Kazakova str., Moscow
	The Russian Gymnastics Federation 8, Luzhnetskaya nab., Moscow, 119270, Russia
	Sky Grace International Association of Clubs Krasnodar Region, Federal Territory "Sirius", Triumphalnaya Street, 7, building 1.
	NP Academy of Rhythmic Gymnastics "Sky Grace" Krasnodar Region, Federal Territory "Sirius", Triumphalnaya Street, 7, building 1.
<b>HOST CITY</b>	SKA Arena 8, Yurii Gagarin av., Saint-Petersburg, Russia,
<b>DATE</b>	<b>March 12-17, 2026</b>
<b>VENUE</b>	<b>SKA Arena</b> <b>182 300 m<sup>2</sup></b> 

<b>PROVISIONAL SCHEDULE</b>	<p>12 March 2026 Day 1 – Arrival of delegations, Accreditations.</p> <p>13 March 2026 Day 2 – Podium training</p> <p>14 March 2026 Day 3 – Competition – Qualifications: Individual All-Around and Group All-Around, Seniors.</p> <p>15 March 2026 Day 4 – Apparatus finals – Individual and Group, Seniors.</p> <p>16 March 2026 Day 5– Sightseeing tour</p> <p>17 March 2026 Day 6 – Departure of delegations</p>
<b>APPARATUS SUPPLIER</b>	<p>Floor SPIETH "Beijing"</p> <p>Replacement hand apparatus provided by the LOC.</p>
<b>APPARATUS CONTROL</b>	<p>The Hand Apparatus with valid certificates are published on the FIG website and updated regularly. Make sure that your gymnasts use only FIG certified Hand Apparatus for this event.</p>
<b>EVENT FORMAT</b>	<p><b>Individual</b></p> <p><u>All-Around (Olympic discipline):</u></p> <p>All Individual gymnasts must participate in the All-Around qualification in 4 exercises (Hoop, ball, clubs, ribbon)</p> <p><u>Apparatus Finals:</u></p> <p>The top eight (8) gymnasts per apparatus from the All-Around qualifying Competition participate in the Finals. (max 2 gymnasts from the country)</p> <p><b>Groups:</b></p> <p><u>All-Around (Olympic discipline):</u></p> <p>All Groups must participate in the All-Around qualification with 2 exercises (5 balls; 3 hoops and 2 pairs of clubs).</p> <p><u>Apparatus Finals:</u></p> <p>The top eight (8) groups of each apparatus from the All-Around qualifying competition will qualify for the Finals (max 1 group from the country).</p>

SIZE OF THE DELEGATION	<p><b>SENIORS</b></p> <p><b>Individuals:</b> Russia – 8 gymnasts from Russian Championship (1 to 8 places in the all-around) Belarus – 5 gymnasts Foreign countries – 2 gymnasts</p> <p>Coaches – 1 coach per 1 gymnast. Judge – 1.</p> <p><b>Groups:</b> Russia – 5 groups from Russian Championship (1 to 5 places in the group all-around); Belarus – 2 groups; Foreign countries – 1 group.</p> <p>Coaches – 2 coaches per 1 group. Judge – 1.</p>																				
AGE	<table><tr><td>Category</td><td>Age</td><td>Rules</td><td>Apparatus</td></tr><tr><td colspan="4">Group</td></tr><tr><td>Senior</td><td>2010 and older</td><td>FIG</td><td>5 balls; 3 hoops + 2 pairs of clubs</td></tr><tr><td colspan="4">Individual</td></tr><tr><td>Senior</td><td>2010 and older</td><td>FIG</td><td>hoop; ball; clubs; ribbon</td></tr></table> <p>* On the day of the accreditation, the LOC and Head Judge may make changes to the program and schedule of the competition, depending on the number of registered participants. The changes can be made according established the Rules of competition.</p>	Category	Age	Rules	Apparatus	Group				Senior	2010 and older	FIG	5 balls; 3 hoops + 2 pairs of clubs	Individual				Senior	2010 and older	FIG	hoop; ball; clubs; ribbon
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JUDGES	<p>The Judges’ Panels are set up by a draw from the judges present at the event. The draw will be directed by the Head Judge.</p> <p>To ensure the judging of international competitions held on the territory of the Russian Federation, highly qualified sports judges holding a valid FIG brevet, as well as another higher national category of another countries, are invited by the Organizing Committee of the competition.</p>																				
HEAD JUDGE	By appointment																				
HEAD SECRETARY	By appointment																				
RULES & REGULATIONS	FIG Rules and Regulations of the current Cycle (2025-2028).																				



<b>AWARD CEREMONY AND PRIZE MONEY</b>	<ol style="list-style-type: none"> <li>1. The winners and the prize-winners of the international competitions are awarded with medals, diplomas and memorable prizes by the LOC. Gymnasts, ranking from 1st to 8th place in Apparatus finals are awarded with prize money by the LOC.</li> <li>2. Award ceremony is carried out according to the general protocol.</li> </ol> <p>Individual:</p> <ul style="list-style-type: none"> <li>- All-Around – according ranking (max 2 gymnasts from the country).</li> <li>- Apparatus Finals – according ranking (max 2 gymnasts from the country).</li> </ul> <p>Group:</p> <ul style="list-style-type: none"> <li>- All-around – according ranking, max 1 group from the country.</li> <li>- Apparatus Finals – according ranking, max 1 group from the country.</li> </ul> <p>Prize Money will be awarded to the following categories of participants:</p> <ul style="list-style-type: none"> <li>- 1-8 places in Individual Apparatus Finals, each event (hoop, ball, clubs, ribbon);</li> <li>- 1-3 places in Group Apparatus Finals, each event (5 balls; 3 hoops + 2 pairs of clubs)</li> </ul>
<b>ACCOMMODATIONS / MEALS</b>	<p>Accommodation and meals are covered by the LOC for:</p> <ul style="list-style-type: none"> <li>- LOCs;</li> <li>- coaches (individual – 1 coach per 1 gymnast; group – 2 coaches per 1 group);</li> <li>- judges;</li> <li>- gymnasts.</li> </ul> <p>Accommodation and meals for team staff (medical doctors, physiotherapists, choreographers) must be covered by the participating delegations themselves.</p> <p>Accommodation and Meals form must be sent to the LOC before 16.02.2026: <a href="mailto:applicationrg2025@gmail.com">applicationrg2025@gmail.com</a></p> <p>Contact person – Marina Trusova</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>Travel costs are be covered by the LOC for:</p> <ul style="list-style-type: none"> <li>- judges,</li> <li>- all gymnasts,</li> <li>- coaches (individual – 1 coach per 1 gymnast; group – 2 coaches per 1 group).</li> </ul> <p>It is necessary to approve flights with contact person for purchasing tickets before 01.03.2026.</p> <p>Travel costs for team staff (medical doctors, physiotherapists, choreographers) must be covered by the participating delegations themselves.</p> <p>Travel form must be sent to the LOC before 02.03.2026: <a href="mailto:applicationrg2025@gmail.com">applicationrg2025@gmail.com</a></p>
<b>INSURANCE</b>	<p>The LOC will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>All the participants are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation (the availability of insurance policies / copies is checked by the LOC during accreditation).</p> <p>Delegation members with insufficient insurance coverage must inform the LOC in advance.</p>
<b>ACCREDITATION</b>	<p>During the Accreditation the Heads of Delegations verify the names and surnames of</p>

	<p>the members of the delegations.</p> <ul style="list-style-type: none"> <li>- Only gymnasts who hold a valid passport of the country they are representing may participate in competitions.</li> <li>- Insurance covering illness, accidents, repatriation (original) – valid on the territory of the Russian Federation.</li> </ul>								
<b>LOCAL TRANSPORTATION</b>	The Organizing Committee will provide free local transportation from the Pulkovo Saint-Petersburg airport to the official hotel and back at the end of the competition.								
<b>MEDICAL SERVICES</b>	The LOC provides medical services.								
<b>DEADLINES SUMMARY</b>	<p>Definitive and Nominative registrations form must be returned to the LOC: <a href="mailto:applicationrg2025@gmail.com">applicationrg2025@gmail.com</a></p> <table> <tr> <td>Definitive registration / Accommodation&amp;meals</td><td>before 16.02.2026</td></tr> <tr> <td>Nominative registration</td><td>before 02.03.2026</td></tr> <tr> <td>Travel form</td><td>before 02.03.2026</td></tr> <tr> <td>Music</td><td>before 02.03.2026</td></tr> </table>	Definitive registration / Accommodation&meals	before 16.02.2026	Nominative registration	before 02.03.2026	Travel form	before 02.03.2026	Music	before 02.03.2026
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<b>MUSIC</b>	<p>Please send your music in MP3 format before 02.03.2026: <a href="mailto:applicationrg2025@gmail.com">applicationrg2025@gmail.com</a></p> <p><u>Examples of MP3 files</u></p> <p>Individual: Surname, Name_D.O.B._Apparatus_Country IVANOVA_ANASTASIA_2005_BALLS_RUS</p> <p>Group: Country_D.O.B._Apparatus RUS_2011-2012_5 BALLS</p>								

Place and Date:



Snezhana Shatalova  
Secretary General  
Russian Gymnastics Federation