

**30<sup>TH</sup> EUROPEAN CHAMPIONSHIPS IN TRAMPOLINE, TUMBLING &  
DOUBLE MINI-TRAMPOLINE GYMNASTICS  
FOR SENIORS, U21 (TRA) AND JUNIORS**

**PORTIMAO (POR)  
APRIL 8<sup>TH</sup> – 12<sup>TH</sup>, 2026**



# Directives

FIG Event ID Seniors: 18437

FIG Event ID Juniors: 18385

Dear President,

**European Gymnastics is pleased to herein provide you with the Directives for the 30<sup>th</sup> European Championships in Trampoline, Tumbling & Double Mini-Trampoline Gymnastics to be held in Portimao (POR) from April 8<sup>th</sup> to 12<sup>th</sup>, 2026.**

These European Championships will be organised following the FIG & European Gymnastics Statutes and Technical Regulations (TR), FIG Code of Points and relevant newsletters and help desk, FIG General Judges Rules, FIG Specific Judges Rules, FIG Anti-Doping Rules, European Gymnastics Medical Guidelines, the Medical Organisation of FIG Competitions and Events, the FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events, the FIG Licence Rules, European Gymnastics Media Rules, FIG Apparatus Norms, FIG Advertising and Publicity Rules, FIG Rules for Sanctioning (approval) of International Events and European Gymnastics Accreditation Directives, FIG Code of Ethics, FIG Code of Conduct, FIG Code of Discipline, Rules for Award Ceremonies as well as all other Rules and Guidelines valid starting 01 January 2026 onwards, any possible amendments by the date of these European Championships, and any complements decided in the meantime.

All participating Federations commit to abide by the Statutes and all European Gymnastics & FIG Rules and Regulations. National Federations not respecting them will not be allowed to compete.

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## 1. EUROPEAN GYMNASTICS

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### European Gymnastics

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Email: [malger@europeangymnastics.com](mailto:malger@europeangymnastics.com)

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Event site: <https://www.europeangymnastics.com/event/2026-european-championships-trampoline-double-mini-trampoline-and-tumbling-portimao-por/overview>



European  
Gymnastics

## 2. HOST FEDERATION & LOCAL ORGANISING COMMITTEE (LOC)

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### Gymnastics Federation of Portugal (FGP)

Contact Person: Mr. Bernardo Tomás

Address : Estrada da Luz, 30 A  
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Tel: +351 926 241 139

E-mail: [ech26trampoline@ginastica.org](mailto:ech26trampoline@ginastica.org)

Website: <https://www.ginastica.org/>



Federação  
de Ginástica  
de Portugal

## 3. LOCATION OF THE COMPETITION, TRAINING AND WARM-UP HALL

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Name: **Portimão Arena**

Address : Parque de Feiras e Exposições de Portimão  
Caldeira do Moinho  
8500-726 Portimão, Portugal

Website : <https://www.youtube.com/watch?v=-cBOv1EPk6A>



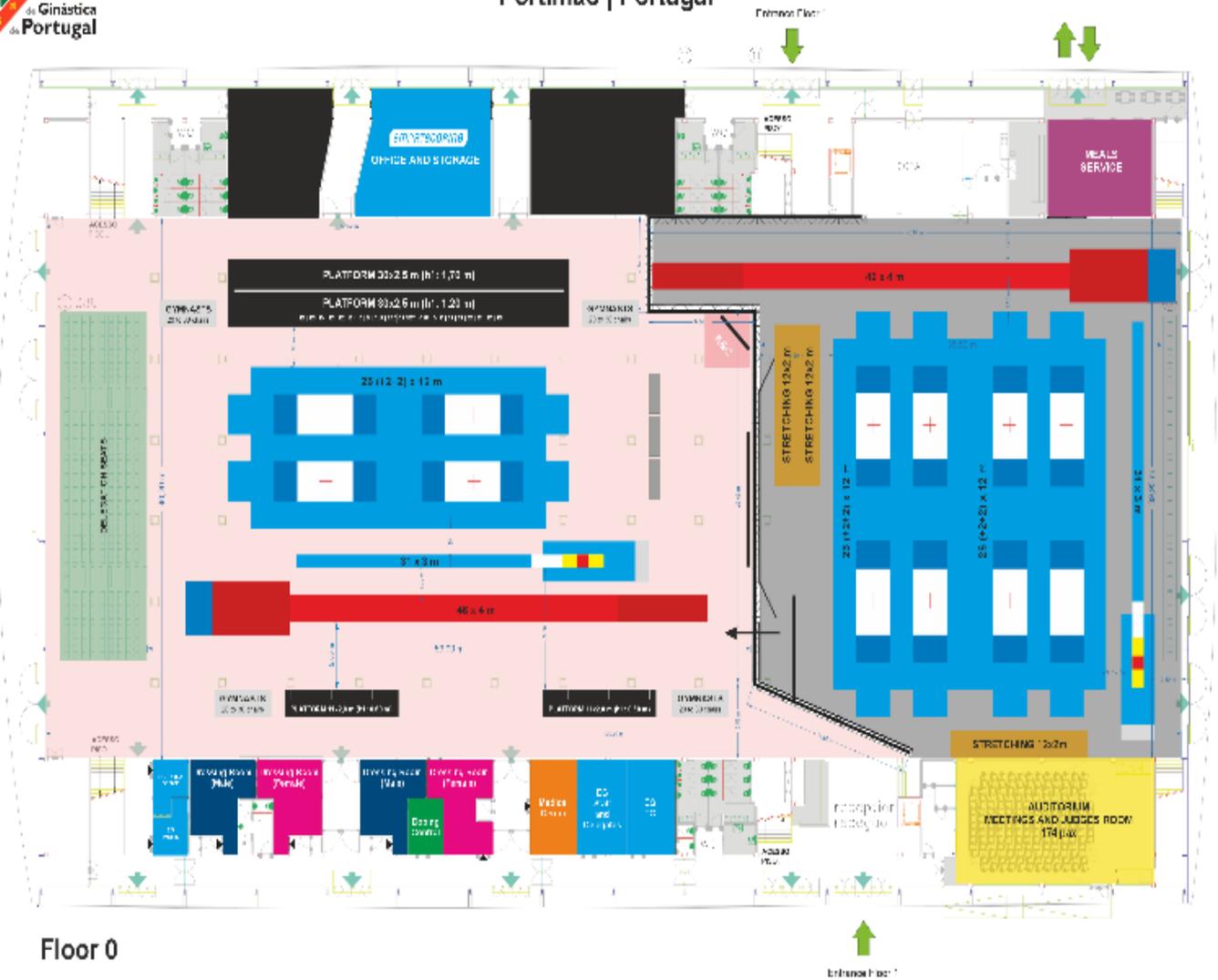
PORTIMÃO ARENA

<b>Competition Arena</b>	Hall Capacity (with the layout for this ECh): <ul style="list-style-type: none"><li>● <i>1<sup>st</sup> Floor</i>: 1150 seats + 90 VIP + 24 Press</li><li>● <i>Ground Floor</i>: 386 seats for Delegations</li></ul> Length/Width: 57m x 40m Ceiling height: 17m
<b>Training &amp; Warm-up Hall</b>	Length/Width: 44m x 40m Ceiling height: 15m

Layout:



30th European Championships TRA 2026  
Portimão | Portugal



#### 4. PROVISIONAL PROGRAMME (SUBJECT TO MODIFICATION)

<b>Sunday, April 5<sup>th</sup></b>		
<i>By schedule</i>	<i>Official arrival day of TC-TRA</i>	<i>Faro (FAO) Airport</i>
<i>By schedule</i>	<i>Optional arrival day of Delegations</i>	
<b>Monday, April 6<sup>th</sup></b>		
<i>By schedule</i>	<i>Official arrival day of Delegations</i>	<i>Faro (FAO) Airport</i>
All day long	Accreditation	Portimão Arena
All day long	Free training (competition, warm-up & training halls) If possible, training schedule will be made after travel details of NFs	Portimão Arena
16:30 – 17:30	Judges draw (participation of judges is not compulsory)	Auditorium
<b>Tuesday, April 7<sup>th</sup></b>		
By schedule	Scheduled training (competition, warm-up & training halls)	Portimão Arena
13:30 – 14:50	DMT Judges meeting & scoring system instruction	Auditorium & FoP
14:30 – 15:50	TUM Judges meeting & scoring system instruction	
15:30 – 16:50	TRA Judges meeting & scoring system instruction	
18:00 – 19:00	Orientation meeting	Auditorium
19:00 – 20:00	Medical Tour by LOC doctor	Auditorium
<b>Wednesday, April 8<sup>th</sup></b>		
TBD	European Gymnastics Medical meeting	Auditorium
TBD	TRA Junior Q1	FoP
TBD	DMT & TUM Senior Q1	
TBD	Opening Ceremony	Portimão Arena
<b>Thursday, April 9<sup>th</sup></b>		
TBD	DMT & TUM Junior Q1	FoP
TBD	TRA Q1 U21	
TBD	TRA Senior Q1	
<b>Friday, April 10<sup>th</sup></b>		
	Round Table	Auditorium
TBD	TRA SYN Junior Q1	FoP
TBD	TRA U21 Mixed SYN Q1	
TBD	TRA SYN Junior Q2	
TBD	TRA SYN Senior Q1	
<b>Saturday, April 11<sup>th</sup></b>		
TBD	TRA IND Junior, DMT Men & TUM Women Q2	FoP
TBD	TRA U21 Men Q2 & DMT Boys Q2	
TBD	TRA IND Senior Q2	
TBD	TRA Junior and DMT & TUM Senior Team Finals	
TBD	Award Ceremony	

TBD	TRA Senior and DMT & TUM Junior Team Finals	
TBD	Award Ceremony	
<b>Sunday, April 12<sup>th</sup></b>		
10:30-11:00	TRA SYN Junior Finals	FoP
11:00-12:00	DMT & TUM Junior Finals	
12:00-12:30	TRA IND Junior Finals	
12:30-13:00	Award Ceremony	
13:30-14:00	TRA SYN Senior Finals	
14:00-15:00	TUM & DMT Senior Finals	
15:00-15:30	TRA IND Senior Finals	
15:30-16:00	Award Ceremony	
16:30-17:00	TRA U21 IND Finals	
17:00-17:30	SmartScoring Shooting Star Award	
17:30-18:00	TRA U21 MIX SYN Final	
18:00-18:15	Closing Ceremony	
21:00	Banquet	NoSoloÁgua
<b>Monday, April 13<sup>th</sup></b>		
By schedule	Official Departure day for Delegations & European Gymnastics Officials	Hotels

## 5. PARTICIPATION RIGHT AND ACCREDITATIONS

Gymnasts holding a valid FIG Licence and with the correct age from European Gymnastics affiliated member federations in good standing may take part in these European Championships.

### Maximum size of delegation

The maximum size of each delegation as per European Gymnastics Technical Regulations is as follows:

GYMNASTS	Men			Women			TOTAL
	JUN	U21	SEN	JUN	U21	SEN	
Trampoline individual	4	2	4	4	2	4	20
Trampoline synchro	2 pairs	-	2 pairs	2 pairs	-	2 pairs	8 pairs
Trampoline synchro mixed	2 pairs (U21 only)						2 pairs
Reserve individual and synchro*	-	-	-	-	-	-	_**
Double mini-trampoline	4	-	4	4	-	4	16
Reserve double mini-trampoline*	1	-	1	1	-	1	4
Tumbling	4	-	4	4	-	4	16
Reserve tumbling*	1	-	1	1	-	1	4

FUNCTION	TRA			TUM		DMT		TOTAL
	JUN	U21	SEN	JUN	SEN	JUN	SEN	
Head of delegation	1							1
Team manager juniors	1							1
Team manager seniors	1							1
Coaches*** (8 or less gymnasts)	4			4		4		12
Coaches*** (more than 8 gymnasts)	6			4		4		14
Judges****	1	-	1	1	1	1	1	6
Doctor	1							1
Mental Health Professional	1							1
Physiotherapist	1			1		1		3

\* Reserve gymnasts can only compete if a gymnast is injured; this has to be confirmed by the official doctor.

\*\* Reserves for Trampoline Synchro must come from Trampoline Individual and vice versa.

\*\*\* Not more than 1 coach per gymnast

\*\*\*\* Participating in junior, U21 and senior events of one discipline (TRA, TUM or DMT) with more than 5 registered gymnasts, the NF is obliged to bring two judges per discipline. Participating in junior, U21 and senior events of one discipline (TRA, TUM or DMT) with 5 registered gymnasts or less, the NF can bring either one or two judges per discipline.

### Additional accreditations

The costs for accreditations of additional coaches, paramedical staff and guests have to be assumed by the National Federation and must be paid directly to the LOC until **March, 9<sup>th</sup>**.

Additional accreditations	Cost
Additional coach	120 EUR
Additional paramedical staff	120 EUR
Guest*	150 EUR
VIP Guest*	180 EUR

\* This cost will be applied to the ones who book accommodation through the LOC. It includes, transfer service, local transportation, final banquet and access to the:

- Delegations seating zone (Guest)
- VIP seating and catering zone (VIP-Guest).

### Accreditation Application Process

All Accreditation cards will be distributed at the Accreditation Centre, situated at the Portimão Arena upon arrival of the delegations.

The following items will be checked there with each Head of Delegation:

- Passports/IDs of all the delegation members
- Certificate of a valid insurance **for all the members** of the delegations (it must include **all the names**) - see point 18
- National Anthem and Flag confirmation
- Travel information: departure
- Fulfilment of all financial obligations to the LOC

The accreditation card is personal, non-transferable, and compulsory to have access to the training and competition hall, the official functions and the transport service of the LOC. The access in the warm-up/training hall is strictly limited to the gymnasts participating in the specific competition and according to the warm-up/training schedule. The accreditation card is also necessary to pass the security controls.

In order to speed up the process of the accreditation, each participating Federation is kindly requested to upload photos and passport copy of each member of the delegation (gymnasts, head of delegation, team leaders, coaches, judges, doctor, physiotherapist, etc.); the insurance policy; the national anthem (instrumental version); the flight details, and the national flag photo, into the LOC digital platform: <https://delegation.GYMDATA.online/login>.

The deadline for the photos and passport copies upload (identity colour photo in JPG format, size – 45 mm x 35 mm, resolution: 800x600px) is **March 9<sup>th</sup>**. Submission of photos in due time will prevent the delegations from waiting at the accreditation office upon arrival. 30 EUR will be charged for each missing photo **not uploaded till the deadline**.

In order **to get the login** (user name and password) **details** to access the LOC online platform, please send an email with the name and email address of the person that will be responsible for registration on behalf of the Federation to: [ech26trampoline@ginastica.org](mailto:ech26trampoline@ginastica.org).

### **Media Accreditations**

International and local media representatives as well as federations' communications staff who are interested in covering the event can find information how to register [Media | European Gymnastics](#). Deadline: **March, 31<sup>st</sup>**.

The European Gymnastics Accreditation Rules and Media Rules have to be strictly respected.

## **6. AGE LIMIT OF GYMNASTS**

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Juniors: 13-16 years (born 2013-2010)

Under 21 (TRA only): 17-21 years (born 2005-2009)

Seniors: 17 years (born 2009) or older

**All gymnasts must have a current valid FIG licence until the end of the event.**

## **7. REGISTRATIONS AND ENTRY FEES**

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Registrations can only be made by European Gymnastics affiliated federations in good standing, via the SmartScoring Gyndata platform (<https://registry.gymdata.online/>) and by using the National Gymnastics Federations' login and password. The platform will open on November 26<sup>th</sup>, 2025.

### **Definitive Registration**

The definitive registrations must be completed by entering the composition of the delegation, including the judges names, until **Monday, January 12<sup>th</sup>** (23:59 Swiss time), at the very latest.

### **Nominative Registration**

The nominative registrations must be completed by entering the composition of the delegation until **Monday, March 9<sup>th</sup>, 2026** (23:59 Swiss time) at the very latest.

### **Entry Fees**

The Entry Fee for this event: **EUR 150.- per gymnast and per discipline** (TRA Individual, TRA Synchro, TUM, DMT. **Not for reserve gymnasts**).

The total amount of the entry fees must be paid until the date of the nominative registration deadline, **March 9<sup>th</sup>** at the very latest on the European Gymnastics bank account.

<b>Beneficiary</b>	European Gymnastics Av. de la Gare 12, CH-1003 Lausanne/Switzerland
<b>Bank Account / IBAN</b>	CH05 0076 7000 L520 5704 9
<b>Bank name</b>	BCV, Place St.-François 14, CP 300, CH-1002 Lausanne/Switzerland
<b>SWIFT/BIC</b>	BCVLCH2LXXX

All bank fees in connection with the bank transfer must be covered by the National Federations. Please state the name of the Federation and the payment purpose on the transfer (i.e. 'FRA\_2026 TRA ECH Registration Fees'). The payment must be made in **EUR only**.

**Please carefully read Appendix 3 "Payment security for Events"** before making any payment.

Federations which have not fulfilled their financial obligations towards European Gymnastics or FIG (e.g. annual membership fees, unpaid invoices etc.) and the LOC (e.g. accommodation, meals) will not be allowed to participate in these European Championships. In case of non-participation or partial participation the entry fee will not be reimbursed.

### Sanctions

The fines for late registrations are as follows (as per the European Gymnastics Technical Regulations, Art. 3.2.5):

<b>Definitive Registration received after the deadline</b>	EUR 1'500
<b>Nominative Registration received after the deadline</b>	EUR 1'000
<b>No participation at all (noticed at the venue)</b>	EUR 1'000

No late registration can be accepted after the drawing of lots.

## 8. LICENCES

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**No gymnasts will be accepted without a valid FIG Licence at the deadline of the Nominative Registration.**

In order to be considered, licence application forms (new or renewal) must be submitted to the FIG at least one (1) month prior to the deadline for nominative registration.

Please consult FIG Licence Rules for additional information in this respect.

## 9. JUDGES AND JURY OF APPEAL

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**All judges must have a current valid FIG brevet at the time of the event, in the respective discipline.**

All participating federations have to nominate judge(s) with a valid FIG Brevet of min. cat. 3 for each discipline (TRA, TUM, DMT) and category (Seniors and Juniors) in which they have competitors according to the following rules:

- Participating in junior, U21 and senior event of one discipline (TRA, TUM or DMT) with 5 registered athletes or less, the NF can bring either one or two judges per discipline.
- Participating in junior, U21 and senior event of one discipline (TRA, TUM or DMT) with more than 5 registered athletes, the NF is obliged to bring two judges per discipline.
- If the NF is obliged to bring two judges and the country has at least two judges' cat. 1-2, the NF should send at least one judge cat. 1-2.

- A TRA judge should judge either in Senior or in Junior category only.
- To have a TRA judge in both Senior and Junior category, the NF should send 2 judges. Participating in the TRA U21 does not require an additional judge.
- In principle, the NF can appoint their judge for the senior or junior event, but the TC is allowed to do a redistribution of the judges from seniors to juniors and vice-versa to ensure proper judges categories in both competitions.
- Judges holding more than one brevet may be used for different disciplines if necessary.
- Exceptions can be approved by the European Gymnastics TC President if the proper number of judges according to the FIG rules in all categories is ensured.

According to the General judges' rules, cat. 1-3 judges are required for Continental Championships in Trampoline Gymnastics, therefore European Gymnastics requests to send cat. 1-3 judges. Cat. 4 judges may be used as E-judge if necessary. National Federations without cat. 1-3 judges, please contact European Gymnastics.

European Gymnastics TC-TRA will start the draw with the highest category judges. Difficulty judges will be drawn from cat. 1 and cat. 2 judges.

If a federation does not enter a judge or comes with a judge of an insufficient level, European Gymnastics will request the payment of a fine of EUR 5'000,- per missing judge.

#### **Judges shall recuse themselves if**

- They are or were married to or live in a registered partnership or co-habit with a gymnast
- They are related to a gymnast by birth or marriage in direct or in collateral line, including the following persons: grandparent, parent, uncle, aunt, brother, sister, child, grandchild, nephew and cousin.

#### **Jury of Appeal**

The Jury of Appeal consists of two members of the Executive Committee (one acting as President) and a third person to be designated in accordance with the matter of the appeal. In case of a judge's appeal, a person not involved in the decision of the Superior Jury and in the judging process will be nominated.

The composition of the Jury of Appeal will be communicated in the Workplan.

## **10. DRAWING OF LOTS**

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The gymnasts' drawing of lots will decide the starting order of the qualification competitions and the finals. It will take place on Friday, 30.01.2026.

No late registrations can be submitted after the drawing of lots.

Please note that the number and composition of the competition groups can be changed after the nominative entries! The starting order will be unchanged.

## **11. COMPETITION FORMAT AND PROGRAMME**

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See the European Gymnastics Technical Regulations valid at the time of the event for the competition format. Additional information can be found in FIG Technical Regulations & FIG Code of Points.

The Championships will be organised in the following disciplines:

- Individual Trampoline (junior, U21, senior, junior team, senior team)
- Tumbling (junior, senior, junior team, senior team )
- Double Mini-Trampoline (junior, senior, junior team, senior team)
- Synchronised Trampoline (junior, senior, mixed U21)

Each competition has male and female categories, with the exception of U21 with mixed synchronized

Each team participating in the team competition is composed of 3 to 4 individual gymnasts.

## 2027 European Games

*Pending confirmation of the 2027 European Games competition programme, the 2026 Trampoline European Championships will be the 2027 European Games qualifying event for Senior Gymnasts. (Appendix 1).*

## 12. EQUIPMENT

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The official supplier for those Championships is EUROTRAMP. The apparatus list can be seen in appendix 2.

- The additional equipment in the field of play (e. g. mats) will be from the European Gymnastics pool of apparatus suppliers.
- The additional equipment in the warm-up and training areas (e. g. mats) may be from the European Gymnastics pool of apparatus suppliers or others (with previous approval)
- All the equipment is certificated by FIG.

## 13. VISA

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Please verify immediately with your travel agent or Embassy or Consulate of Portugal in your country if a visa is required for your travel to Portugal. The LOC will assist you with a visa support letter provided that the request is registered at the LOC online registration platform: <https://delegation.GYMDATA.online/login> by **March 9<sup>th</sup>** at the latest. The LOC will always be at your disposal at the respective email address: [ech26trampoline@ginastica.org](mailto:ech26trampoline@ginastica.org).

## 14. TRANSPORTATION

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### International Transportation

The invited participating Federations must pay for the international travel costs of their delegation members. **European Gymnastics and the LOC strongly recommend that each Federation takes a cancellation insurance for their travel.**

The official arrival airport is: **Faro (FAO)** - «Gago Coutinho International Airport».

The travel details must be submitted to the LOC's online platform until **March 9<sup>th</sup>**.

The LOC will provide transfer services from Faro's Airport (FAO) to Portimão and back. **This service is free of charge for the ones with arrival/departure in official days (5<sup>th</sup>, 6<sup>th</sup> and 13<sup>th</sup>), and that book accommodation through the LOC.** In all the other cases, taxes will be applied, as follows:

- Each way:
  - 1 pax                      50 EUR
  - 2 to 6 pax                25 EUR/pax
  - 7 pax and more        20 EUR/pax

### Local Transportation (shuttle service)

Free local transportation will be offered to all delegations who book their accommodation through the LOC:

- From the hotel to the competition venue and back, for training, competition and meals.
- To/from farewell banquet

## 15. ACCOMMODATION

Hotel category prices are final end customer prices **per night/per person** (including: **breakfast**, local transportation, VAT, banquet and farewell party, airport transfers and all applicable taxes). All personal expenses (such as, but not limited to, hotel services, laundry, room services, telephone, mini bar) are **not** included. Any charges occurred must be settled directly with the hotel prior to departure and any outstanding accounts will be the Member Federation's responsibility.

**IMPORTANT NOTE:** the below-mentioned hotel prices are valid before the accommodation deadline of **January 12<sup>th</sup>**. The hotel prices will **increase automatically by 5 EUR per person per night at all the official hotels after this accommodation deadline.**

### Official European Gymnastics Hotel and Delegations Hotel

### Category A+ (Superior)



ALGARVE CASINO HOTEL \*\*\*\*\*

<https://www.gruposolverde.pt/en/hotel-algarve-casino/>

To the Arena: 6,5 Km

CATEGORY A+ (Superior)	(BB) Bed & Breakfast
Single room	205 EUR
Twin room	160 EUR
Triple room	140 EUR

### Delegations Hotels

### Category A



OCEANO ATLÂNTICO APARTAMENTOS \*\*\*\*\*

<https://www.oceanoatlantico.com.pt/en/>

To the Arena: 4,2 Km

CATEGORY A	(BB) Bed & Breakfast
Single room	190 EUR
Twin/Double room	145 EUR
Triple room	120 EUR
4 Pax room	100 EUR



**ROCHAVAU HOTEL \*\*\*\***

<https://www.rochavauhotel.com/en/home>

To the Arena: 4,5 Km

CATEGORY A	(BB) Bed & Breakfast
Single room	190 EUR
Twin room	145 EUR



**JUPITER ALGARVE HOTEL \*\*\*\***

<https://www.jupitalgarvehotel.com/en/>

To the Arena: 4,8 Km

CATEGORY A	(BB) Bed & Breakfast
Single room	190 EUR
Twin room	145 EUR



**HOTEL RURAL BRÍCIA DU MAR \*\*\*\***

<https://www.briciadumar.com/>

To the Arena: 8,1 Km

CATEGORY A	(BB) Bed & Breakfast
Single room	190 EUR
Twin room	145 EUR

**Delegations Hotels**

**Category B**



**VITOR'S PLAZA \*\*\*\***

[https://www.vitors.pt/en/aparthotel-vitorsplaza-in-alvor/?\\_gl=1\\*iquv0k\\*\\_up\\*MQ..\\*\\_ga\\*OTMyNjlyNjg4LjE3NTE0OTE2OTA.\\*\\_ga\\_685WQBJ70J\\*\\_czE3NTE0OTE2OTAKbzEkZzAkDDE3NTE0OTE2OTAKajYwJGwwJGgxMDE4MDk5OTc2](https://www.vitors.pt/en/aparthotel-vitorsplaza-in-alvor/?_gl=1*iquv0k*_up*MQ..*_ga*OTMyNjlyNjg4LjE3NTE0OTE2OTA.*_ga_685WQBJ70J*_czE3NTE0OTE2OTAKbzEkZzAkDDE3NTE0OTE2OTAKajYwJGwwJGgxMDE4MDk5OTc2)

To the Arena: 7 Km

CATEGORY B	(BB) Bed & Breakfast
Single room	165 EUR
Twin room	130 EUR
Triple room	110 EUR



**PESTANA ALVOR ATLÂNTICO \*\*\*\***

[https://www.pestana.com/en/hotel/pestana-residences-alvor-atlantico?utm\\_campaign=pestana-residences-alvor-atlantico-partoo&utm\\_medium=organicsearch](https://www.pestana.com/en/hotel/pestana-residences-alvor-atlantico?utm_campaign=pestana-residences-alvor-atlantico-partoo&utm_medium=organicsearch)

To the Arena: 7,6 Km

CATEGORY B	(BB) Bed & Breakfast
Single room	165 EUR
Twin room	130 EUR

The breakfast is served in the Hotel with the signal (5 min walking distance).



**THE PELICAN ALVOR \*\*\*\***

<https://www.thenavigatorcollection.com/pelicanalvor/en/>

To the Arena: 9,3 Km

CATEGORY B	(BB) Bed & Breakfast
Single room	165 EUR
Twin room	130 EUR
Triple room	110 EUR
4 Pax room	100 EUR

**Delegations Hotels**

**Category C**



**HOTEL LUAR \*\*\***

<https://www.hluar.com/galeria/>

To the Arena: 4,9 Km

CATEGORY C	(BB) Bed & Breakfast
Single room	140 EUR
Twin room	115 EUR



**INTERPASS VAU HOTEL APARTAMENTOS \*\*\*\***

<https://interpasshotels.com/interpass-vau-hotel/>

To the Arena: 5,5 Km

CATEGORY C	(BB) Bed & Breakfast
Single room	140 EUR
Twin room	115 EUR
Triple room	95 EUR



CARVOEIRO GARDEN HOTEL \*\*\*\*

<https://www.gschotels.com/en/carvoeiro-garden/>

To the Arena: 15,2 Km

CATEGORY C	(BB) Bed & Breakfast
Single room	140 EUR
Twin room	115 EUR
4 Pax room	90 EUR

## Hotels booking

The Accommodation request must be submitted to the LOC's online platform: <https://delegation.GYMDATA.online/login> by **January 12<sup>th</sup>** at the very latest. The hotel rooms will be allocated on a "first come, first serve" basis, as the number of rooms are limited at each hotel. In case all the chosen abovementioned Hotels will be fully booked and more rooms are needed, further equivalent accommodation will be available and the National Federations will be informed accordingly. All the doubts and questions must be sent to the LOC email address: [ech26trampoline@ginastica.org](mailto:ech26trampoline@ginastica.org).

The hotels and aparthotels made available by the LOC are a reference and touristic units, with three, four and five stars, in the city of Portimão and other surrounding areas (10 to 20 minutes away to the Arena).

## 16. MEALS

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Meals – lunch and dinner – will be served in the Venue.

### Menu

Very complete and varied menu of salads and cold cuts; vegetable soup; three hot dishes (fish, meat and vegetarian); sliced fresh fruit and dessert; drinks (water, flavored water, juice, coffee).

### Meals bookings

The LOC proposes the following options for the meals service:

- For the ones who book **accommodation through the LOC, each meal will cost 25 EUR.**
- The cost for one meal, in all **other situations is 27,50 EUR.**
- **After the arrival, on site, it will not be possible to book any meal.**

The needed meals booking must be submitted in the LOC's online platform: <https://delegation.GYMDATA.online/login> by **March, 9<sup>th</sup>** at the very latest.

### Farewell Banquet and party

Accredited Delegation members (with the exception of E- and R- media), who book their accommodation and meals through the LOC will receive a free ticket for the Farewell Banquet and party.

Extra tickets for the banquet and party, can be purchased at the cost of **75 EUR** per person, provided the request is communicated at the LOC office, on site at the Arena no later then **March, 7<sup>th</sup>** at the very latest.



## Banquet and Farewell Party



30th European Trampoline Championships 2026 | Portimão, Algarve, Portugal

### 17. FINANCIAL OBLIGATIONS TO THE LOC

Payment for hotel, meals, farewell banquet, additional accreditations must be made to the LOC:

<b>Beneficiary</b>	Gymnastics Federation of Portugal
<b>Bank Account / IBAN</b>	PT50 0033 0000 0188 0157 8909 6
<b>Bank</b>	Millennium BCP
<b>SWIFT/BIC</b>	BCOMPTPL

The participating federation is responsible for covering all bank fees in connection with the bank transfers. Please state the name of your Federation and the payment purpose (**Three digit CODE of the National Federation+ ECHTRA26**) on the transfer (Ex.: «POR.ECHTRA26»).

The payment must be made in **EUR only**.

#### Payment deadlines to the LOC

- The first 50% of the accommodation booking costs – **by January 12<sup>th</sup>**
- Settlement of the remaining 50% – **by March 9<sup>th</sup>**

Please carefully read **Appendix 3 -" Payment security for Events"** before making any payment.

#### Cancellation policy

European Gymnastics and the LOC strongly recommend that each Federation takes a cancellation insurance.

#### Accommodation (BB)

- From 13<sup>th</sup> January to February, 9<sup>th</sup>: **25% of the total costs will be charged**
- From February, 10<sup>th</sup> to March, 9<sup>th</sup>: **50% of the total costs will be charged**
- After March, 9<sup>th</sup>: **100% of the total costs will be will be charged**; no refund (even if a National Federation cancel the participation, or did not show in site).

#### Meals (lunch and/or dinner)

- 100% of the total costs will be charged; no refund (even if a National Federation cancel the participation, or did not show in site).

## 18. INSURANCE

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The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in the event of accidents, illness (including COVID-19), repatriation, or similar occurrences.

In accordance with the **FIG Technical Regulations**, all participating Federations are responsible for ensuring that all Delegation Members have valid insurance coverage for illness, accidents, and repatriation during the entire duration of their stay.

It is mandatory that Delegation Members are covered by **basic insurance** (covering sickness, accident, and repatriation) in their country of residence, in order to benefit from coverage by the **FIG IMSSA subsidiary insurance**.

For detailed information regarding the FIG IMSSA insurance for Athletes and Judges, please refer to:

 <https://www.gymnastics.sport/site/pages/medical-insurance.php>

The insurance certificate must be uploaded on the LOC platform, no later than the **March, 9<sup>th</sup>** (which is strongly recommended). The LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least, starting from the arrival day of the delegation and must last for the delegations' entire stay.

## 19. WORK PLAN

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The Workplan will be published on the European Gymnastics website six weeks at the latest before the start of the competitions.

## 20. OFFICIAL HOSPITAL

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The Official hospital will be:

Name: Hospital de Portimão  
Address: Rua Dr. Sousa Martins  
8500-338 Portimão  
Tel: +351 282 450 300

This official hospital as well as the medical personnel assigned duly accept the International SOS (IMSSA insurance card) for all registered athletes holding a valid FIG Licence as well as for all judges with an International FIG Judges Brevet valid at the time of these European Championships.

## 21. DOPING CONTROLS

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Under the supervision of the International Testing Agency, anti-doping controls will be organised according to the valid WADA Code, International Standards and FIG Anti-Doping Rules. The anti-doping controls may take place at any time.

## 22. SAFEGUARDING

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According to FIG rules, all coaches must have completed the Safeguarding course on the FIG ELearning Platform in order to have a valid FIG coaches' licence in 2026. Please make sure that your coaches complete the course in due time before the nominative registration deadline for these Championships. Without a valid FIG coaches licence, a nominative registration for a coach can't be submitted in Gymdat.

## 23. SUMMARY OF THE DEADLINES AND PAYMENTS

For European Gymnastics	Deadline
<b>Definitive Registration</b> – Gymdata registration tool	<b>12/01/2026</b>
<b>Nominative Registration</b> – Gymdata registration tool	<b>09/03/2026</b>
Payment of the European Gymnastics Entry Fees	
Media Accreditations	<b>31/03/2026</b>

European Gymnastics online platform for **definitive / nominative registrations**:

<https://registry.gymdata.online/>

For the LOC *	Deadline
Accommodation Request*	<b>12/01/2026</b>
Accommodation costs (first 50%)	<b>12/01/2026</b>
Visa Request*	<b>09/03/2026</b>
Travel Schedule*	<b>09/03/2026</b>
Certificate/proof of Insurance*	<b>09/03/2026</b>
Photo & Passports *	<b>09/03/2026</b>
Accommodation costs (last 50%)	<b>09/03/2026</b>
Meals request and costs (100%)*	<b>09/03/2026</b>
Additional Accreditations costs (100%)*	<b>09/03/2026</b>

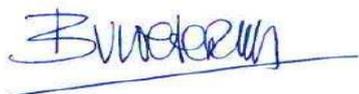
\* LOC online platform: <https://delegation.GYMDATA.online/login>

Sincerely Yours,

### EUROPEAN GYMNASTICS

Babette VAN WETERING

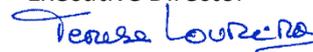
TC President



### GYMNASTICS FEDERATION OF PORTUGAL

Teresa LOUREIRO

Executive Director



FGP

### **APPENDICES**

- Appendix 1 – European Games 2027 qualifying system
- Appendix 2 – Equipment list
- Appendix 3 – Document “Payment Security for Events”