



**WORK PLAN 2026  
WORLD CUP TRAMPOLINE  
ALKMAAR**

**(11)-12-13 MARCH 2026  
Event ID 18224**



Provisional version, based on nominative entries.  
Will be replaced by updated versions if necessary.  
**v.1 Feb.25**





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## WORD OF WELCOME

*I extend a warm welcome to all athletes, coaches, judges and other delegation members. We are pleased to have you and are committed to ensuring that this World Cup is a pleasant experience for all participants.*

*We look forward to a spectacular competition and the creation of unforgettable memories.*

**Sven Mooij**

*President of the Local Organizing Committee*

## GENERAL INFORMATION

The competition will be organized under the following World Gymnastics rules, as valid in the year of the competition, except for any deviations mentioned in the directives or in the World Gymnastics World Cup Rules for Trampoline and Tumbling:

- Statutes
- Code of Ethics
- Code of Conduct
- Technical Regulations
- Licence Rules
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules for Trampoline and Tumbling
- Medical Organization of the World Gymnastics Competitions and Events
- Anti-Doping Rules
- Framework for safeguarding athletes and other participants from harassment and abuse in sport during events
- Media Rules
- Apparatus Norms
- Rules for Advertising and Publicity
- Accreditation Rules
- Rules for Awards Ceremonies
- World Cup Rules for Trampoline and Tumbling

and subsequent decisions of the World Gymnastics Executive Committee

The official language of this World Cup will be English. Interpretation from and into any other language must be organized by the Delegations. **Announcements will be made in English.**

**This Work Plan is available in English only.**

If there are any changes, a revised Work Plan, starting order(s), and schedules will be sent to the Head of Delegations via email addresses and WhatsApp numbers provided at the Accreditation.

**The Head of Delegation / delegation members have to bring his/her/their own Work Plan and all appendices.**

## ORGANIZATION

### INTERNATIONAL GYMNASTICS FEDERATION (World Gymnastics)

Contact Person Mr. Rue Vinagre  
Tel. +41 (0) 21 321 55 32  
Email [rvinagre@fig-gymnastics.org](mailto:rvinagre@fig-gymnastics.org)  
Website [www.gymnastics.sport](http://www.gymnastics.sport)  
Delegate Miguel Vicente

### Host Federation: ROYAL DUTCH GYMNASTICS FEDERATION (KNGU)

Contact Person Ms. Rianne Burghart  
Tel. +31 885058800  
Email [wedstrijden@kngu.nl](mailto:wedstrijden@kngu.nl)  
Website [www.kngu.nl](http://www.kngu.nl)

## LOCAL ORGANIZING COMMITTEE (LOC)

### STICHTING DUTCH TRAMPOLINE OPEN

Contact Person Jimmy Demmers  
Tel. +31 610169220 / during comp: +31 638270180  
Email [info@dutchtrampolineopen.com](mailto:info@dutchtrampolineopen.com)  
Website <https://www.dutchtrampolineopen.com>

Delegations will receive all relevant information via email and WhatsApp to the contact information, handed in upon accreditation.

### LOC Tel./WhatsApp +31 638270180.

Stay up-to-date during the competition. Created to share competition information; **join the World Cup Alkmaar 2026 whatsapp group.**

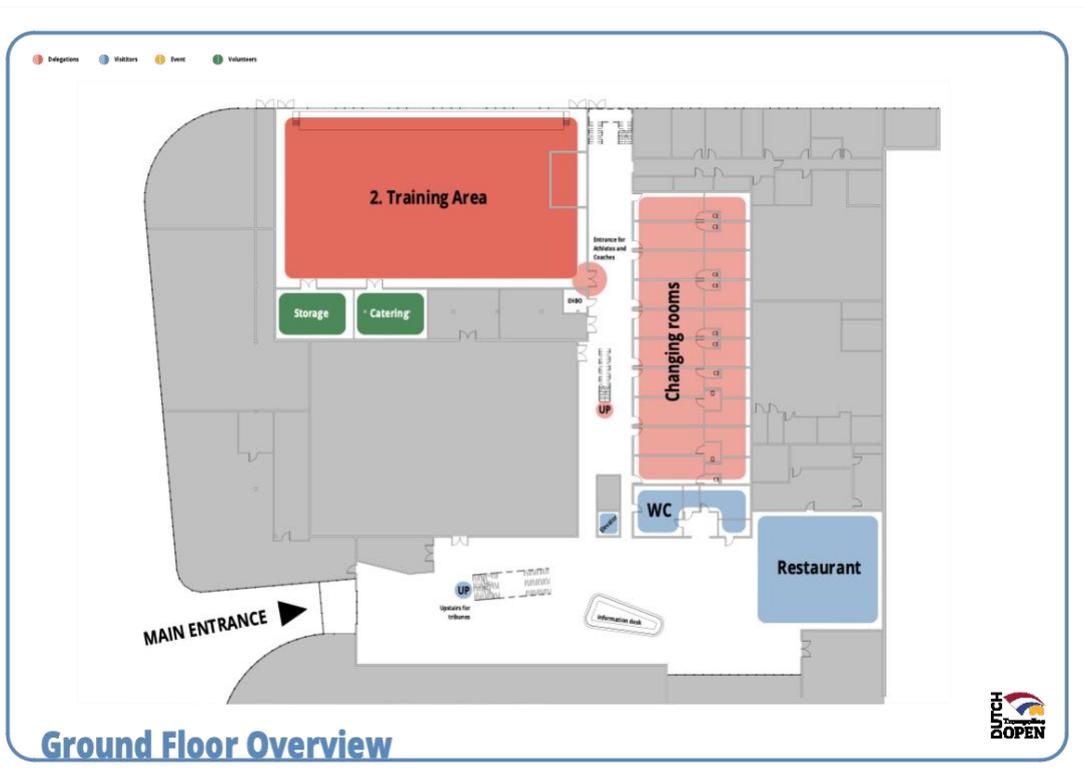


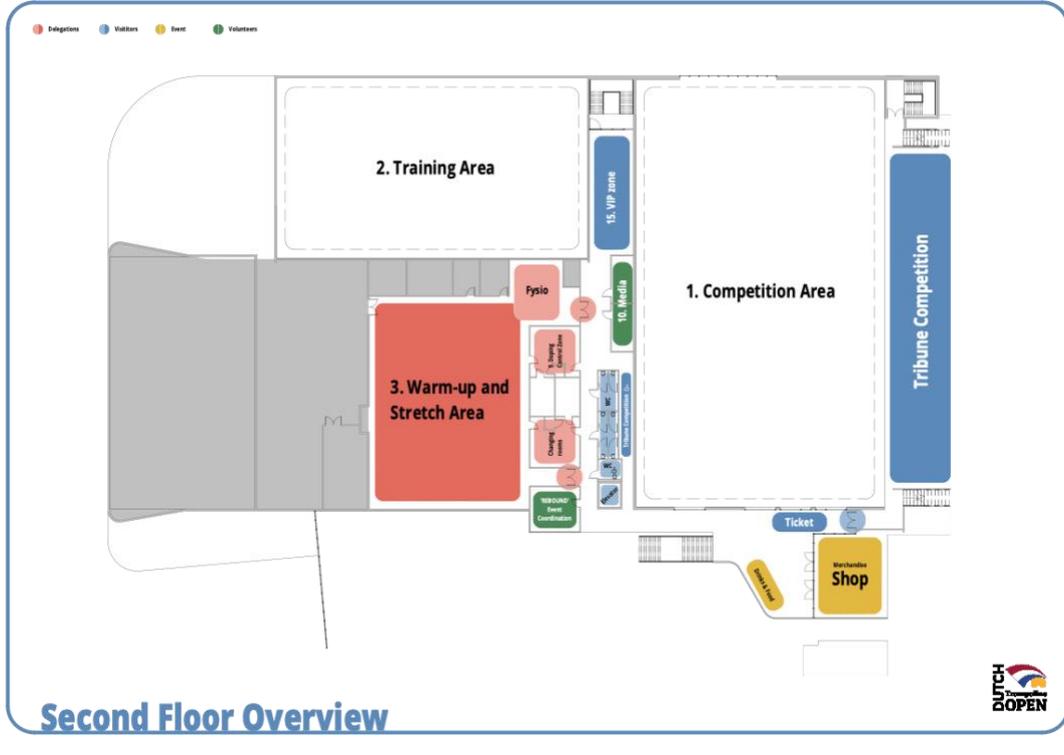
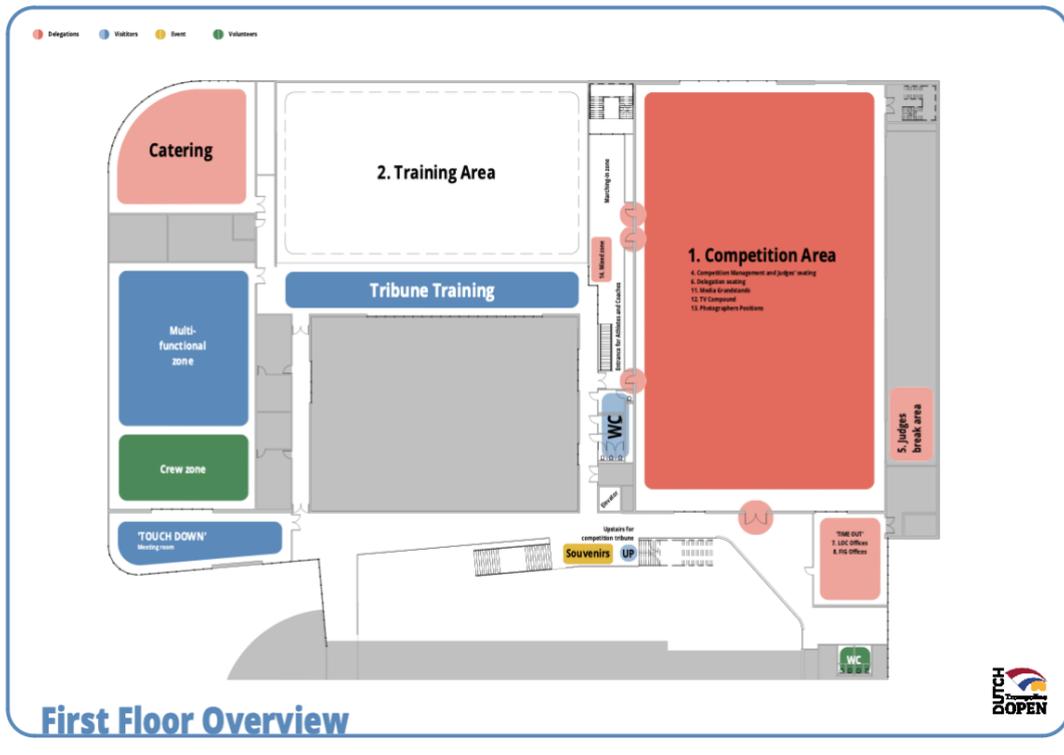
President	➤ Sven Mooij
Executive Director	➤ Jimmy Demmers
Overall coordinator	➤ Alice Mooij
Medical & Anti-doping Officer	➤ Bo Bet
Safeguarding Officer	➤ Sieuwerd Reitsma
Technical Program / Comp. Office / Scoring	➤ Irene Pronk
DMT coordinator	➤ Fábio Viegas
FIG Delegate & Judges	➤ Miguel Vicente
Local Technical Director	➤ Erik Bakker   Joan Abrahams
IT	➤ Joan Abrahams   Dennis Uljee
Protocols & VIPs	➤ Tess de Vries   Marion Sörman   Sieuwerd Reitsma
Speaker	➤ Pael Abrahams   Fant de Kanter
Accommodation & Transportation	➤ Manja Eversdijk
Meals	➤ Elles van Vuuren
Logistics	➤ Jimmy Demmers   Dennis Uljee
Volunteers & sustainability	➤ Marjolein Hendriksma
Security	➤ Percy Vaasen
Head of Media	➤ Alice Mooij
Social Media Manager	➤ Sven Mooij
Official Photographer(s)	➤ Sports Pictures by Aniek
Official Videographer(s)	➤ Eightynine Production

## COMPETITION VENUE, LAYOUT and ZONES



**De Meent - Terborchlaan 301, Alkmaar**  
Tel: +31 725489310  
e-mail: [info@alkmaarsport.nl](mailto:info@alkmaarsport.nl)  
website: [www.demeentalkmaar.nl](http://www.demeentalkmaar.nl)





**NO SMOKING POLICY**

It is strictly forbidden to smoke inside any facility in The Netherlands, including the venue complex (including toilets and changing rooms), hotels and means of transport.



## NATIONAL ANTHEM AND FLAG

Delegations are requested to bring their national flag and in digital format their national anthem. These must be handed to the LOC Secretariat (Competition Office) by the Head of Delegation upon arrival at the time of accreditation.

## VISA

Federations requiring an official invitation to obtain a visa are asked to contact the LOC timely, by sending the official visa form to [info@dutchtrampolineopen.com](mailto:info@dutchtrampolineopen.com)

## LOC SAFEGUARDING OFFICER

From the events' official date of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the opportunity to contact by phone or email a Safeguarding Officer in case of harassment, abuse of any type, if they are worried or do not feel comfortable.

There will be one LOC Safeguarding Officer: Sieuwerd Reitsma, tel. +31 652435878 / email [sieuwerdreitsma@gmail.com](mailto:sieuwerdreitsma@gmail.com). He will be reachable from the accreditation day by phone as well as via What'sApp.

## INSURANCE

The World Gymnastics Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation. Basic insurance (sickness, accident, and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to <https://www.gymnastics.sport/site/pages/medical-insurance.php> for additional information regarding the World Gymnastics IMSSA insurance for Athletes and Judges.

If the note has not been sent in advance to the LOC (which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).

The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.

## OFFICIAL LANGUAGE

The official language of this World Cup is English. Announcements will be made in English only. Interpretation from and into any other language must be organized by the delegations.



## ACCREDITATION AND ID CARDS

All delegation members will receive an accreditation ID Card. The accreditation ID Card is personal, non-transferable, and compulsory to get access to the training and competition hall, functions, and the bus system. All participants and officials are required to wear the ID Cards **at all times**. Access to the venue, transportation or meal sites will be refused if a valid accreditation card is not presented.

Accreditation will take place at the LOC Competition Office (accreditation desk) in the competition venue. All delegations will be directed to the accreditation procedure from the airport. Delegations travelling by car must go first to the LOC Competition Office.

At accreditation Heads of Delegation are required to

- provide a valid **phone number** (working in The Netherlands) and **e-mail address**. These contact details will be used as mailboxes to inform all competition results, information and occurrences during and after the competition.
- verify the names of their entire delegation and present to the LOC the valid passport of all Delegation Members for proof of identity and Nationality
- confirm the NF contact details onsite (email and mobile phone) for proper delivery of the gymnasts' start list, judges' list and results
- provide proof of the fulfilment of all financial obligations to the LOC and finalize the necessary payments if needed (i.e. insurance, additional accreditation, etc.)
- verify the accommodation and meal requirements
- verify the return flight schedules
- provide their confirmation of insurance
- 2 copies of competition cards for each gymnast/synchro pair
- hand in their national flag and the National Anthem in a digital format
- provide bank details to be used to pay the money for the awarded gymnasts (but only when the bank account that the Federation has paid the entry fee from cannot be used to transfer the prize money)

In order to accelerate the process of accreditation, each participating Federation is kindly requested to send photos of each member of its delegation until 1<sup>st</sup> February, 2026.

It is mandatory to send photos of delegation members such as medical staff and HOD that do not have a World Gymnastics' license to the LOC latest February 28.

The photos (identity colour photo in jpg format) should clearly indicate the corresponding full name in the file title.

In addition, the LOC will distribute information regarding the safeguarding Officer operations plan upon accreditation

## LOCAL TRANSPORTATION

Coordinator                      Manja Eversdijk,  
phone:                              0031 620533185  
e-mail:                              [mapieversdijk@ziggo.nl](mailto:mapieversdijk@ziggo.nl) with cc [info@dutchtrampolineopen.com](mailto:info@dutchtrampolineopen.com)  
**Delegations have to contact Manja directly after landing, for their bus will arrive on time.**



Please refer to the Directives for details on Visas, International Transportation to/from Schiphol airport (for which our transport coordinator needs your Travel Schedule as early as possible), Local Transportation, Shuttle Services and Deadlines. For earlier or later departures, please contact directly the LOC in order to discuss the local transportation possibilities.

The Organizing Committee will provide bus transportation between Schiphol airport, hotels, and the competition venue for arrival/departure, training and competition.

Buses from/to the hotels and the competition venue will be on a regular basis. A detailed schedule will be provided to delegations upon arrival and will be available at the hotels and at the competition office. Vans are available for extra transport requests.

The bus schedule is tailored to busier times, however when a bus is full with the maximum number of passengers, contact the Transport coordinator at 0031 620533185 for extra capacity by Van(s) or an extra (emergency) bus.

The transport is for the use of the delegations who have booked their accommodation through the LOC. Bus tickets can also be booked separately at the competition office.

## ACCOMMODATION AND MEALS

The Organizing Committee is not liable for any damages in the hotel rooms, costs for mini-bars, pay-TV or the like. This is the responsibility of each delegation.

Please note that

- the earliest check-in time is 15:00 on the day of arrival
- the latest check-out time is 10:30 on the day of departure.

Conditions for early check-in and late check-out from the hotel / Information if you have opportunity to visit Amsterdam on departure day will be communicated upon receipt of the travel schedule.

Breakfast is included in the Accommodation Packs and is served in the respective hotels at the following hours:

- Hotel Vd Valk 06:30-10:30 (06:30-11:00 on Saturday)
- Hotel Zuiderduin 07:30-10:30
- Hotel Golfzang 07:00-10:30
- Hotel De Boei 08:00-10:30 (March 14: 07:00 - upon request)
- Hotel Neptunus 08:30-10:30 (March 14: 07:00 - upon request)
- Hostel StayOkay 07:30-10:00 (or earlier, to be requested at the Hostel)

Do you have deviating requests? Please discuss them in your hotel.

Other meals (also included in the Accommodation Packs):

- Meals from dinner on arrival date till lunch on Friday are served at the venue (times as per General Schedule in this Work Plan)

Vouchers have to be handed in for each meal. Unused vouchers will not be refundable.

\*\*Meals times on pre-training days March 7-8-9 will be communicated with the delegations concerned.

The final **banquet** is included in the Full Accommodation Pack; it will be on Friday, March 13, from 19:00 at a surprise location, situated in the city-center of Alkmaar. Pick up time (at your hotel) and pick up time/point at the end of the banquet will be communicated.

A valid wrist band must be presented at the entrance as well as for the bus transport.



## GENERAL PROGRAM

### TRAINING SCHEDULES

#### PRE-TRAINING DAYS



- March 6-7-8-9 (pre-booked)

	Stretch/Warm Up Hall	Pick Up Time	Training Hall TRA	Comp. Hall TRA / DMT	Return Time	WC / DTO training	Other
FR - March 6	X	14:30	15:00-18:00	X	18:10	Y / Y	dinner hotel
SA - March 7	X	12:00	14:00-17:00	X	18:15	V / N	lunch 12:30 dinner 17:30
SU - March 8	X V	09:30 15:00	10:00-12:00 16:00-18:00	X 16:00-18:00	13:15 19:00	Y / Y Y / Y	lunch 12:30 dinner 18:00
MO - March 9	V	08:15 15:15 16:15	X 16:00-18:00 X	09:00-11:00 16:00-18:00 18:00-20:00	12:45 19:15 20:30	V / N Y / Y Y / N	lunch 11:30-12:30 dinner 18:00-19:00 dinner 17:00-17:30



- March 10 (WC free training / DTO pre-booked)

- All day bus shuttle | Before each group, Warm Up / Stretch hall is available (2nd fl.)

TRAINING HALL		COMPETITION HALL					COMP HALL	Other
MEN	WOMEN	MAN	WOMAN	Time	Start	Finish	DMT	
FREE	FREE	FREE	FREE	3:00	09:00	12:00	FREE	
DTO SI.1	DTO SI.1			1:00	12:00	13:00		
DTO SI.2	DTO SI.2	DTO SI.1	DTO SI.1	1:00	13:00	14:00		12:00-14:00 lunch
DTO SI.3	DTO SI.3	DTO SI.2	DTO SI.2	1:00	14:00	15:00		
FREE	FREE	DTO SI.3	DTO SI.3	1:00	15:00	16:00		
		FREE	FREE	5:00	16:00	21:00	FREE	17:00-20:30 dinner
								To go boxes available



**World Cup Training day & Start of the competition (Mixed SYN)**

Wednesday, 11th March			Before each group, Warm Up / Stretch Area is available (2nd fl.)						Wednesday, 11th March				
Time	Start	Finish	Trampoline Training Hall		Trampoline Competition Hall		Time	Start	Finish	DMT		Other	
			Training Male	Training Female	Podium training Male	Podium training Female				Comp Hall Training			
00:45	08:30	09:15	Training group 1	Training group 1			00:45	08:30	09:15	Training group 1			
00:45	09:15	10:00	Training group 2	Training group 2	Training group 1	Training group 1	00:45	09:15	10:00				
00:45	10:00	10:45	Training group 3	Training group 3	Training group 2	Training group 2	00:45	10:00	10:45	Training group 2			
00:45	10:45	11:30	Training group 4	Training group 4	Training group 3	Training group 3	00:45	10:45	11:30				
00:45	11:30	12:15	Training group 5	Training group 5	Training group 4	Training group 4	00:45	11:30	12:15	Training group 3	11:30-12:00 Info Meeting		
00:45	12:15	13:00	Training group 6	Training group 6	Training group 5	Training group 5	00:45	12:15	13:00	Training group 4	12:00-14:30 Meal		
00:45	13:00	13:45	Training group 7	Training group 7	Training group 6	Training group 6	00:45	13:00	13:45				
00:45	13:45	14:30	Training group 8	Training group 8	Training group 7	Training group 7	00:45	13:45	14:30	Training group 5			
00:45	14:30	15:15	14:30 – 16:45 DTO free training		Training group 8	Training group 8	00:45	14:30	15:15				
00:45	15:15	16:00					15:15-17:00 World Cup free podium training		00:45	15:15	16:00		
00:45	16:00	16:45							16:00 – 17:00 DMT free training		16:00 Judges instr. + draw		
00:15	16:45	17:00							17:00-17:45 Judges Meal				
1:00	17:00	18:00	Q1 MIX SYN - 1	17:00 – 17:50 BREAK / 17:50-18:00 Flag parade & Opening								17:00-20:30 Delegations Meal + togo	
1:00	18:00	19:00	Q1 MIX SYN - 2										
1:00	19:00	20:00	Q1 MIX SYN - 3										
1:00	20:00	21:00	Q1 MIX SYN - 3										

**March 11 - TRAINING GROUPS**

	TR Male	Nr	TR Female	Nr
Group 1	BUL(2), CZE(2), DEN(4), MEX(1), NZL(1),	10	BUL(2), CZE(2), DEN(1), NZL(1), MEX(1),	7
Group 2	ESP(4), TUR(3), SWE(3)	10	ESP(4), TUR(4),	8
Group 3	BEL(2), AIN1(4), JPN(4)	10	AIN1(4), JPN(4)	8
Group 4	CHN(8), UZB(2)	10	CHN(6), AIN2(2)	8
Group 5	AUS(3), USA(4) POR(4),	11	AUS(1), POL(1), USA(4) POR(2),	7
Group 6	FRA(4), NED(4), ISR(1),	9	FRA(4), NED(4),	8
Group 7	GER(4), KAZ(3), SUI(1)	8	GER(4), SUI(1), GEO(3),	8
Group 8	AZE(4), ITA(4), GBR(2),	10	AZE(2), ITA(2), GBR(3),	8

	DMT	Nr
Group 1	BEL(4) AZE(5),	9
Group 2	AUS(7), NED(2)	9
Group 3	ESP(8),	8
Group 4	POR(4), SWE(2), (AIN2; 3),	9
Group 5	USA(8)	8



Country	TRA	DMT
AUS	Group 5	Group 2
AZE	Group 8	Group 1
BEL	Group 3	Group 1
BUL	Group 1	
CHN	Group 4	
CZE	Group 1	
DEN	Group 1	
ESP	Group 2	Group 3
FRA	Group 6	
GBR	Group 8	
GEO	Group 7	
GER	Group 7	
ISR	Group 6	
ITA	Group 8	
JPN	Group 3	
KAZ	Group 7	
MEX	Group 1	
NED	Group 6	Group 2
NZL	Group 1	
POL	Group 5	
POR	Group 5	Group 4
SUI	Group 7	
SWE	Group 2	Group 4
TUR	Group 2	
USA	Group 5	Group 5
UZB	Group 4	
AIN1	Group 3	
AIN2	Group 4	Group 4



## COMPETITION SCHEDULES



### World Cup Competition Day

**Thursday, 12th March** Before each group, Stretch/Relax hall is available (2nd fl.) **Thursday, 12th March**

Time	Start	Finish	Trampoline Warm Up Hall		Trampoline Competition Hall		Time	Start	Finish	DMT	Other
			Warm Up Male	Warm Up Female	Competition Male	Competition Female				Comp. Hall Warm Up + Competition	
00:50	09:00	09:50	IND Q1-Gr 1	IND Q1-Gr 1							
00:50	09:50	10:40	IND Q1-Gr 2	IND Q1-Gr 2	IND Q1-Gr 1	IND Q1-Gr 1	00:50	09:50	10:40	DMT M-Gr 1	
00:50	10:40	11:30	IND Q1-Gr 3	IND Q1-Gr 3	IND Q1-Gr 2	IND Q1-Gr 2	00:50	10:40	11:30	DMT M-Gr 2	
00:50	11:30	12:20			IND Q1-Gr 3	IND Q1-Gr 3	00:50	11:30	12:20	DMT M-Gr 3	
00:50	12:20	13:10	IND Q1-Gr 4	IND Q1-Gr 4			00:50	12:20	13:10		12:00-14:30 Meal
00:50	13:10	14:00	IND Q1-Gr 5	IND Q1-Gr 5	IND Q1-Gr 4	IND Q1-Gr 4	00:50	13:10	14:00	DMT W-Gr 1	
00:50	14:00	14:50	IND Q1-Gr 6		IND Q1-Gr 5	IND Q1-Gr 5	00:50	14:00	14:50	DMT W-Gr 2	
00:50	14:50	15:40	IND Q1-Gr 7		IND Q1-Gr 6						
00:50	15:40	16:30			IND Q1-Gr 7						
00:50	16:30	17:20	SYN Q1 Gr 1	SYN Q1 Gr 1							17:00-20:30 Meal
00:50	17:20	18:10	SYN Q1 Gr 2	SYN Q1 Gr 2	SYN Q1 Gr 1	SYN Q1 Gr 1					
00:50	18:10	19:00	SYN Q1 Gr 3	SYN Q1 Gr 3	SYN Q1 Gr 2	SYN Q1 Gr 2					
00:50	19:00	19:50			SYN Q1 Gr 3	SYN Q1 Gr 3					
01:10	19:50	21:00	19:00-21:00 DTO assigned training		20:00-21:00 DTO assigned training						

**Note: DMT has a 20 minute warm up in the competition hall, but at least 2 passes before Q1, directly followed by the competition**



### World Cup Competition Day

**Friday, 13th March** Before each group, Stretch/Relax hall is available (2nd fl.) **Thursday, 13th March**

Time	Start	Finish	Trampoline Warm Up Hall		Trampoline Competition Hall		Time	Start	Finish	DMT	Other	
			Warm Up Male	Warm Up Female	Competition Male	Competition Female				Comp. Hall Warm Up + Competition		
00:30	08:30	09:00	MIX Q2 - Gr 1									
00:30	09:00	09:30	MIX Q2 - Gr 2		MIX Q2 - Gr 1							
00:30	09:30	10:00			MIX Q2 - Gr 2							
00:40	10:00	10:40	IND Q2 - Gr 1	IND Q2 - Gr 1								
00:40	10:40	11:20	IND Q2 - Gr 2	IND Q2 - Gr 2	IND Q2 - Gr 1	IND Q2 - Gr 1						
00:40	11:20	12:00			IND Q2 - Gr 2	IND Q2 - Gr 2						
00:35	12:00	12:30										
00:30	12:30	13:05		Final IND W			00:35	12:30	13:05	Final DMT W	12:00-14:30 Meal	
00:30	13:05	13:35	Final IND M			Final IND W						
00:30	13:35	14:05		Final SYN W	Final IND M							
00:35	14:05	14:40	Final SYN M			Final SYN W						
00:35	14:40	15:15			Final SYN M							
00:35	15:15	15:50	Final MIX SYN				00:35	15:15	15:50	Final DMT M		
00:35	15:50	16:25			Final MIX SYN							
00:40	16:25	17:05	Award ceremonies									19:00-23:00 Banquet

**Note: DMT has a 10 minute warm up in the competition hall - but at least the number of passes according to FIG rules - directly followed by the finals**



## ORIENTATION MEETING

The Orientation Meeting will take place **Wednesday March 11<sup>th</sup> at 11:30-12:00** in the Touch Down at the competition venue | 1<sup>st</sup> floor.

All Heads of Delegation must attend the meeting. One extra Official per delegation may also attend. Judges cannot be representatives of their NF at the Orientation Meeting.

At this meeting all information concerning the detailed organization of the World Cup will be given by the Organizing Committee and World Gymnastics. All information will be in English only.

A beforementioned QR code will be available for delegations to attend the Delegation Group App. The App will be used for announcements from, and requests for information to the LOC during this World Cup. The tel.nr./WhatsApp of the LOC on site during competition is **+31 638270180**

(for emergencies and one-way communication only)

## VENUE ACCESS

The access to the Arena will be limited to the training/competition group. Besides gymnasts, access will be allowed only to accredited persons.

## EQUIPMENT

Equipment during warmup and competition:

Trampoline - FIG ID # 610 (8x) / 708 (2x) / 548 (48 x) / Eurotramp 28600 (16x)

DMT - FIG ID # 493 (1x) / 548 (7x) / 566 (1 set) / Eurotramp 28600 (2x)

## CHALK

Chalk will be provided for Warm up Hall and Competition Hall.

*Also individual liquid chalk bottles will be available at the competition office.*

## WARM UP

Immediately prior to the Qualifying Rounds and Finals each gymnast/pair will be allowed 45 seconds of warm-up on the competition apparatus, per World Gymnastics regulations.

## MARCH IN

The gymnasts are asked to assemble in the staging area next to the competition office latest 5 minutes prior to each competition group. The gymnasts must wear competition attire (as per Code of Points)

All gymnasts must leave the competition hall at the same time through the exit leading to the Mixed Zone.



## STARTING ORDER – DRAWING OF LOTS

The drawing of lots and starting order will take place on February 25, 2026 in the World Gymnastics office and published on the World Gymnastics website.

The list of finalists will be provided to the Heads of Delegation after the qualifications. Any withdrawal from the Finals must be declared in writing with the LOC.

The World Cup Competition draw, the competition groups, the starting lists, the training groups, the training schedule, and the competition schedule are based on the assumption that all registered federations will participate in accordance with their nominative registrations. Should there be any changes to participating numbers at the time of the competition, the World Gymnastics T&T TC in consultation with the LOC reserve the right to make adjustments which will facilitate the smooth running of the competition.

## FORMS

All forms are available as appendices;

A responsible person from each delegation must submit the following forms

- to the LOC's Competition Office representative
- during the accreditation:
  - **TRA IND Q1 Competition Cards** (1<sup>st</sup> of 2 pages)
  - **TRA SYN Qualification and Final Competition Cards** (2 pages)
  - **TRA Mix SYN Q1 Competition Cards** (1<sup>st</sup> of 2 pages)
  - **DMT Qualification and Final Competition Cards** (1 page)
- 24 hours before the competition start at the latest:
  - **Change of Start List**

As soon as possible:

**Request for Accreditation Changes** – if necessary, the form should be submitted to World Gymnastics and the LOC immediately for the World Gymnastics approval

**Page 2 of the TRA IND Competition cards and of the Mixed SYN Competition cards for Q2 and Finals** must be submitted latest March 12, 17:00

## JUDGES MEETING – DRAWING OF LOTS

The judges' meeting is compulsory for all judges. All information will be in English only. Judges who do not participate in the judges' instruction may not be authorized to judge and their respective federations may face a penalty fee.

**Trampoline judges meeting and score instruction: Wednesday March 11<sup>th</sup> at 16:00** in the Touch Down at the competition venue | 1<sup>st</sup> floor

The judges will be drawn after the judges' instruction.



## SUPERIOR JURY

The World Gymnastics Delegate will act as President of the **Superior Jury**.

## COMPETITION

The Competition Director and the Floor Manager will be in charge of the Competition and Warm up areas. All instructions given by them must be strictly observed, especially during TV broadcast (i.e. in relation with the marching in and out, Kiss & Cry, etc.)

## KISS & CRY

The number of persons authorized in the Kiss & Cry is:

- 1 gymnast and 1 official for Individual Competition
- 2 gymnasts and 1 official for Synchronized Competition

This rule has to be strictly respected.

## SCORES AND RESULTS

Acro Companion will provide the official scoring program for this World Cup. The Acro Companion program will be used for the data management of the list of participants, start lists as well as scores and results. The scores will be shown in the competition hall and live on the website [acro-companion.com](http://acro-companion.com)

A resumed list of results will be e-mailed to the HoD at the end of qualifications. A detailed list of results, including all judges marks, will be e-mailed to the HoD and National Federations at the end of the competition (in the form of the Delegation Past Event Results Book)

## VIDEO RECORDING

All routines will be recorded on video by the LOC.

## LIVESTREAM & BROADCAST

There will be livestream of all qualifications

The Finals (Friday March 13th) will be broadcasted (a.o.) at [Eurovisionsport.com](http://Eurovisionsport.com) (geoblocked for the Netherlands)



## CEREMONIES

### OPENING CEREMONY

The Opening ceremony will be held on March 11, at 17:50.  
Further detailed information will be given during the Orientation Meeting

### PRESENTATION OF THE FINALISTS

The LOC will make a presentation of the finalists before the respective finals. Dress code is competition attire.  
More information about meeting point and circulation will be given at the Orientation Meeting.

### AWARD CEREMONIES

All award ceremonies will take place according to the General Program and will be carried out in accordance with the World Gymnastics Regulations for Award Ceremonies.

The award ceremonies will take place immediately after the last finals, in the same order of the Finals.

Only the medal winners are invited to participate. They must wear their national tracksuit according to World Gymnastics rules. To prevent delays in the ceremony, Medal winners must report themselves present at the March In location at the directions of the Protocols manager before start of their ceremony.

## MEDICAL SERVICES

Medical services will be provided by the Organizing Committee during all training and competition sessions.

Please contact the chief medical officer, Bo Bet, by +31 6 47434481 (telephone or WhatsApp) or by the LOC phone, **+31 638270180** (telephone or WhatsApp)

#### Official hospital:

NWZ  
Wilhelminalaan 12  
1815 JD Alkmaar  
Tel. 0031 (0)72 5484444

## DOPING CONTROL

Doping controls will be carried out during the World Cup, as per World Gymnastics regulation. Doping Controls can take place during training and / or Competition.



## PRIZE MONEY

Prize money will be transferred, to the same bank account that the registration fee has been paid from, as follows:

<b>TRA &amp; DMT IND: (pp)</b>		<b>TRA SYN. (per pair)*:</b>	
1 <sup>st</sup> place:	1,500 CHF	1 <sup>st</sup> place:	1,500 CHF
2 <sup>nd</sup> place:	1,000 CHF	2 <sup>nd</sup> place:	1,000 CHF
3 <sup>rd</sup> place:	500 CHF	3 <sup>rd</sup> place:	500 CHF

## PRIVACY POLICY

Foto and video footage will be made during training and competition for social media, stock and (after)movie purposes through the official channels of the LOC (Stichting Dutch Trampoline Open).

## BANQUET AND FAREWELL PARTY

There will be a banquet and farewell party on Friday 13<sup>th</sup> at 19:00.

The party is for official delegation members only, and a valid banquet wristband must be presented at the entrance. This closing banquet (and bus transport to its location) is included in the full accommodation packs.

## INFORMATION AND CORRESPONDENCE DURING THE WORLD CUP

Each delegation will receive all information via the HoD email communicated at the time of accreditation.

All information, requests and correspondence regarding this World Cup should be addressed to the Local Organizing Committee.





## APPENDICES TO THE GENERAL PROGRAMME

- App. 1 Competition Cards IND
- App. 2 Competition Cards SYN
- App. 3 Competition Cards DMT
- App. 4 Change of Start List
- App. 5 Request for accreditation changes

### STARTING ORDER

The starting lists will be published on the World Gymnastics (Events) Website  
The actual starting order and judges panel lists are to be found in the scoring program Acro Companion X

### JUDGES PANNELS

The judges will be drawn after the judges' instruction.

